

Minimal Supergravity Inflation without Slow Gravitino

Takahiro Terada

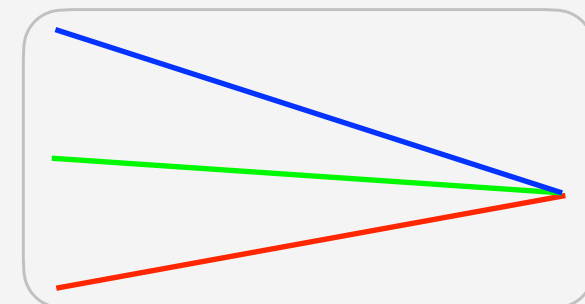
Center for Theoretical Physics of the Universe, Institute for Basic Science

[arXiv:2104.05731](https://arxiv.org/abs/2104.05731) [hep-th], accepted for publication in *Phys. Rev. D*.

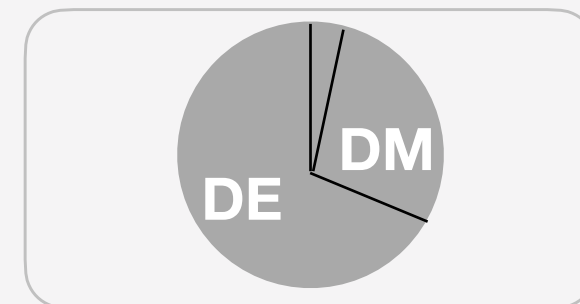
Broken SUSY in the Early Universe

- Supersymmetry (SUSY) may be a fundamental symmetry of the Nature.

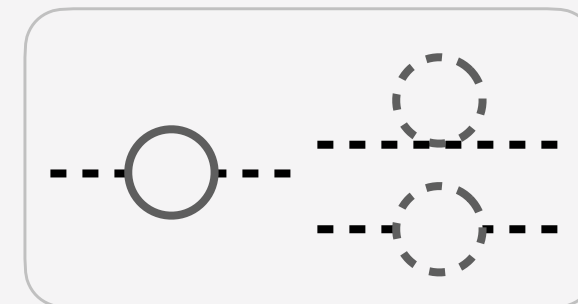
Motivation:



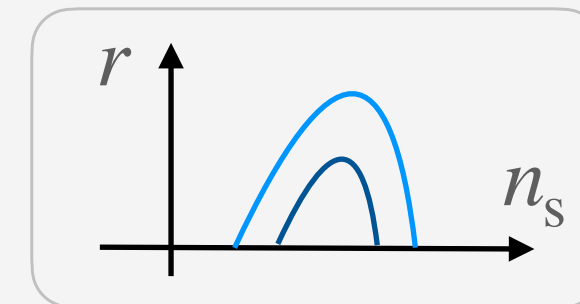
Coupling unification



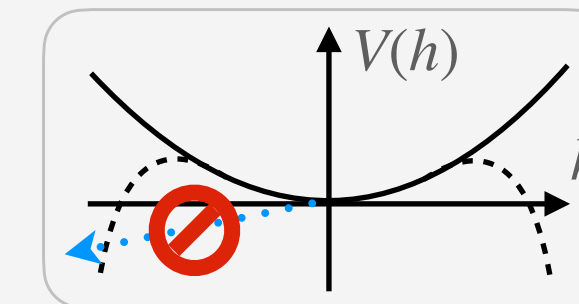
Dark matter



Hierarchy problem



Flat inflaton potential



Vacuum stability



Superstring theory

- It must be (spontaneously) broken in the cosmological background.

Usually, the order parameters are $\langle F(\varphi) \rangle$, $\langle D(\varphi) \rangle$.

In cosmology, kinetic energy $\langle \dot{\phi}^2 \rangle$, Hubble expansion H , and temperature T can break SUSY.

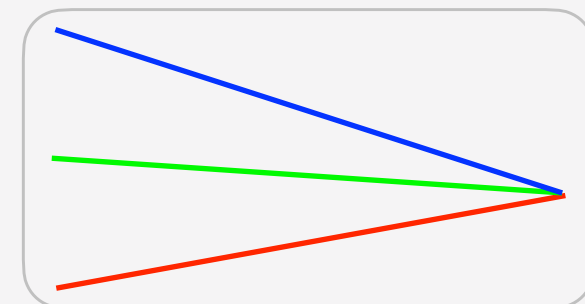
- Generic fields receive SUSY breaking (Hubble-induced) mass of $\mathcal{O}(H)$.

→ Possibility for observational effects. “Cosmological Collider” [Arkani-Hamed, Maldacena, 1503.08043] etc.

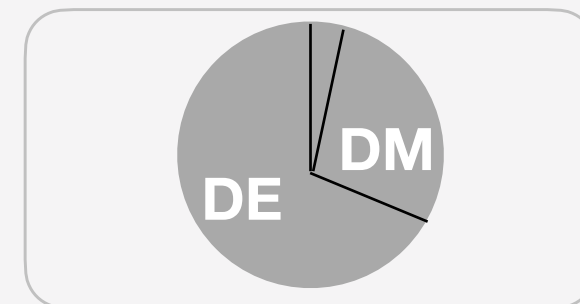
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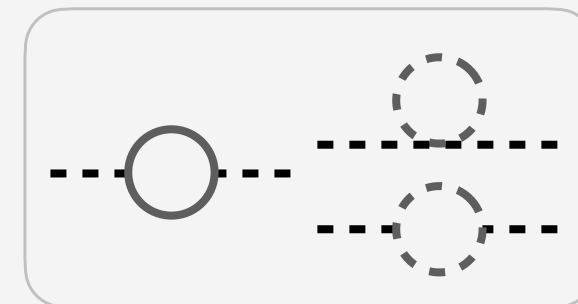
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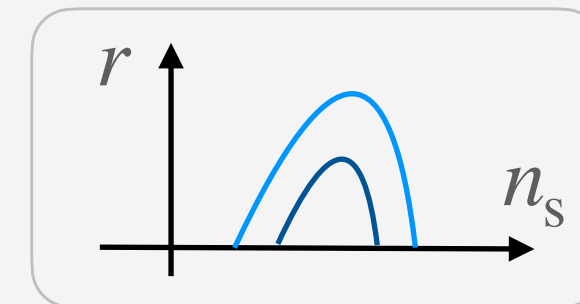
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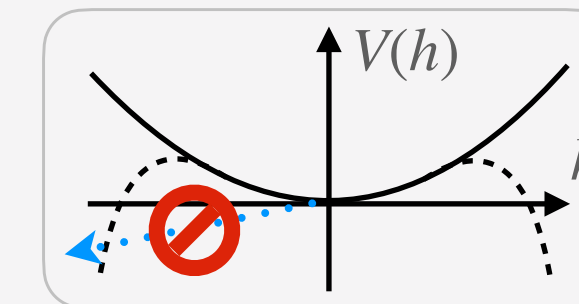
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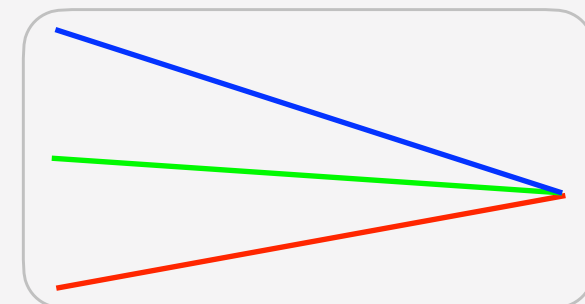
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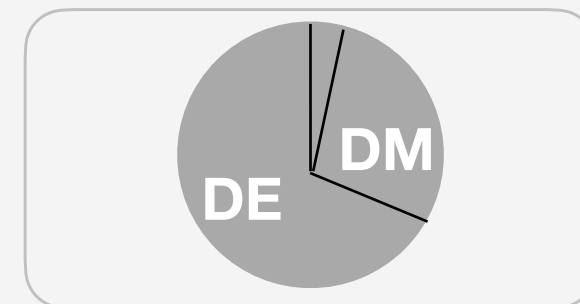
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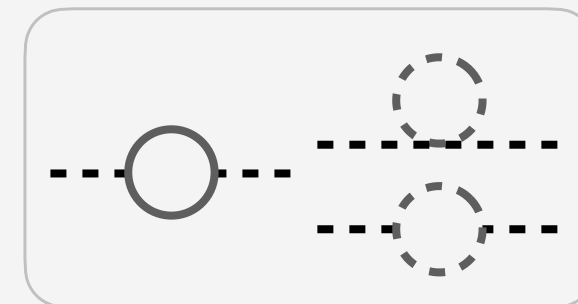
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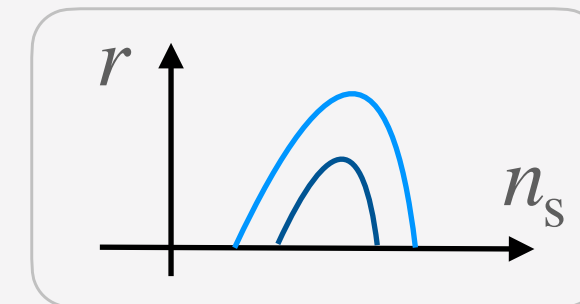
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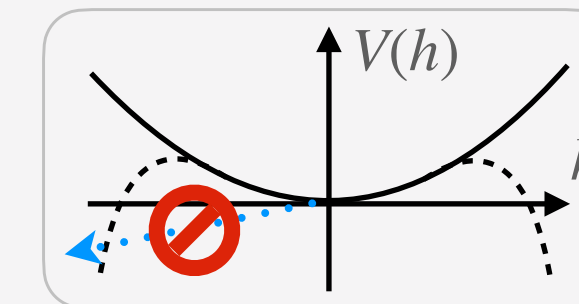
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Decoupling & Non-Linear SUSY

- Fields much heavier than H **decouple** from inflationary dynamics.

cf.) constraints on isocurvature perturbations

e.g.) strong stabilization $\int d^4\theta \frac{1}{\Lambda^2} |X|^4 \sim \frac{|F^X|^2}{\Lambda^2} |X|^2.$

For example,
[Lee, 1005.2735],
[Evans, Garcia, Olive, 1311.0052], etc.

- An incomplete SUSY multiplet can be described by a *constrained superfield*.

e.g.) nilpotent superfield X satisfying $X^2 = 0$.

$$X = x + \sqrt{2}\theta\chi^X + \theta\theta F^X$$

$$X^2 = 0 \quad \rightarrow \quad x = \frac{1}{2F^X} \chi^X \chi^X$$

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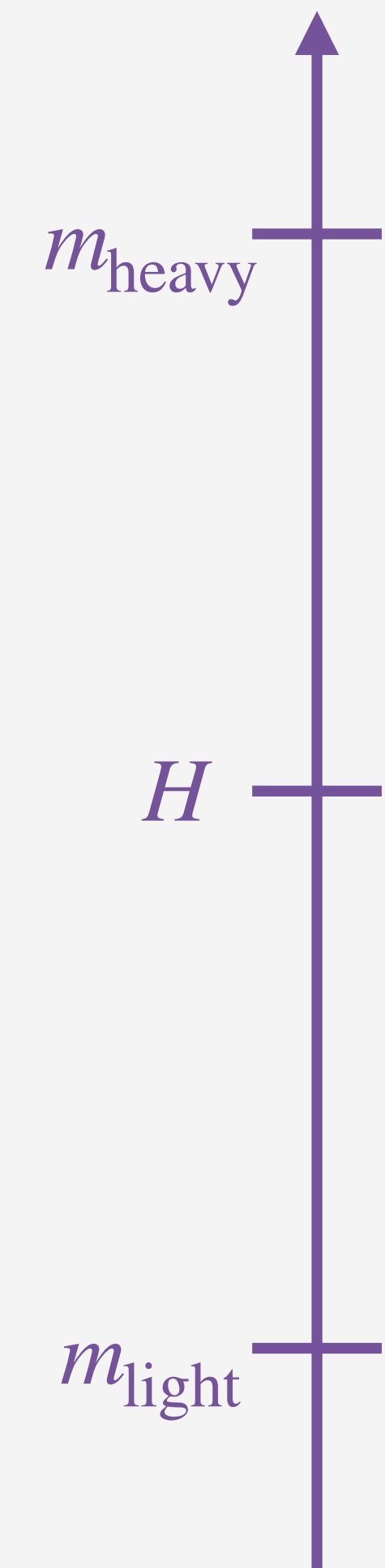
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Minimal Supergravity Inflation

[Ferrara, Kallosh, Thaler, 1512.00545],
[Carrasco, Kallosh, Linde, 1512.00546]

- Orthogonal nilpotent superfields X and T :

$$X^2 = X(T - \bar{T}) = 0$$

Stabilizer superfield $X = x + \sqrt{2}\theta\chi^X + \theta\theta F^X$

Inflaton superfield $T = t + \sqrt{2}\theta\chi^T + \theta\theta F^T$

- The model is specified by

$$K(T, \bar{T}, X, \bar{X}) = \bar{X}X - \frac{1}{4}(T + \bar{T})^2,$$

$$W(T, X) = f(T)X + g(T).$$

- The scalar potential is

$$V(t) = |f(t)|^2 - 3|g(t)|^2.$$

Note that there is no $\partial g/\partial T$ term because of the constraint.

- The only independent dynamical degrees of freedom are χ^X (stabilizino) and $\text{Re } t$ (inflaton).

The physical spectrum:

(real) inflaton, (massive) gravitino, and graviton.

See also [Kahn, Roberts, Thaler, 1504.05958], [Dall'Agata, Farakos, 1512.02158],
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Anomalous Production of Slow Gravitinos

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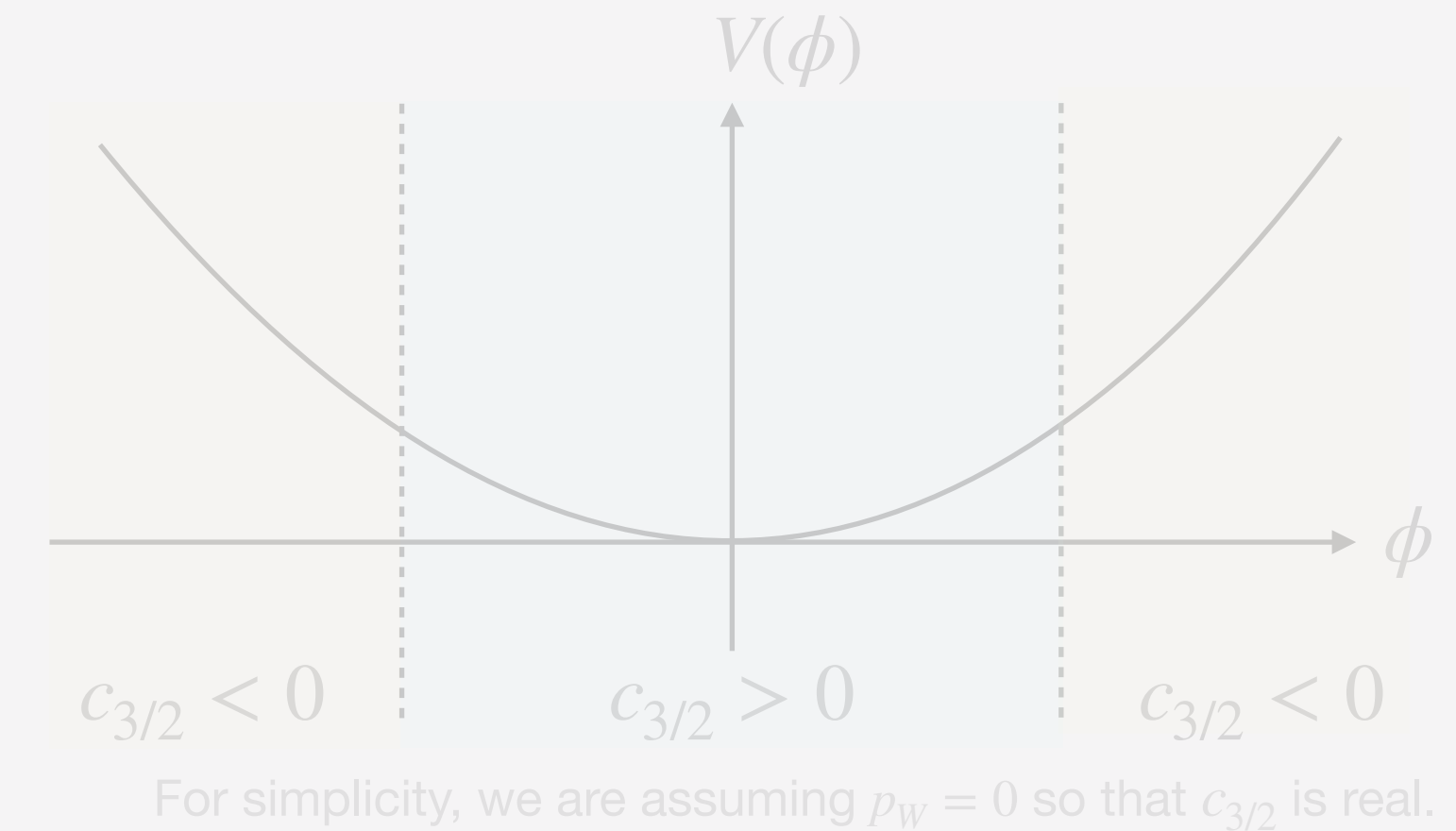
Longitudinal gravitino Lagrangian

$$\mathcal{L} = -\frac{1}{2} \overline{\psi}^\ell \left(\gamma^0 \partial_0 - \hat{c}_{3/2} (\vec{\gamma} \cdot \vec{\nabla}) + a \hat{m}_{3/2} \right) \psi^\ell$$

$$\hat{c}_{3/2} \equiv \frac{p_{\text{SB}} - \gamma^0 p_{\text{W}}}{\rho_{\text{SB}}} \quad \hat{m}_{3/2} \equiv \frac{3H p_{\text{W}} + m_{3/2} (\rho_{\text{SB}} + 3p_{\text{SB}})}{2\rho_{\text{SB}}}$$

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Inflaton potential & gravitino sound speed



Phase-space distribution (neglecting backreaction; $m_{3/2} \rightarrow 0$ limit)

$$f_{3/2}(\vec{k}, t) = \frac{1}{2} (1 + \text{sgn}(c_{3/2}(t)))$$

Catastrophic gravitino production

$$a^3 n_{3/2} \sim 2 \int_0^\Lambda dk \frac{4\pi k^2}{(2\pi)^3} f_{3/2}(\vec{k}, t) \sim \Lambda^3$$

... or breakdown of the effective theory.

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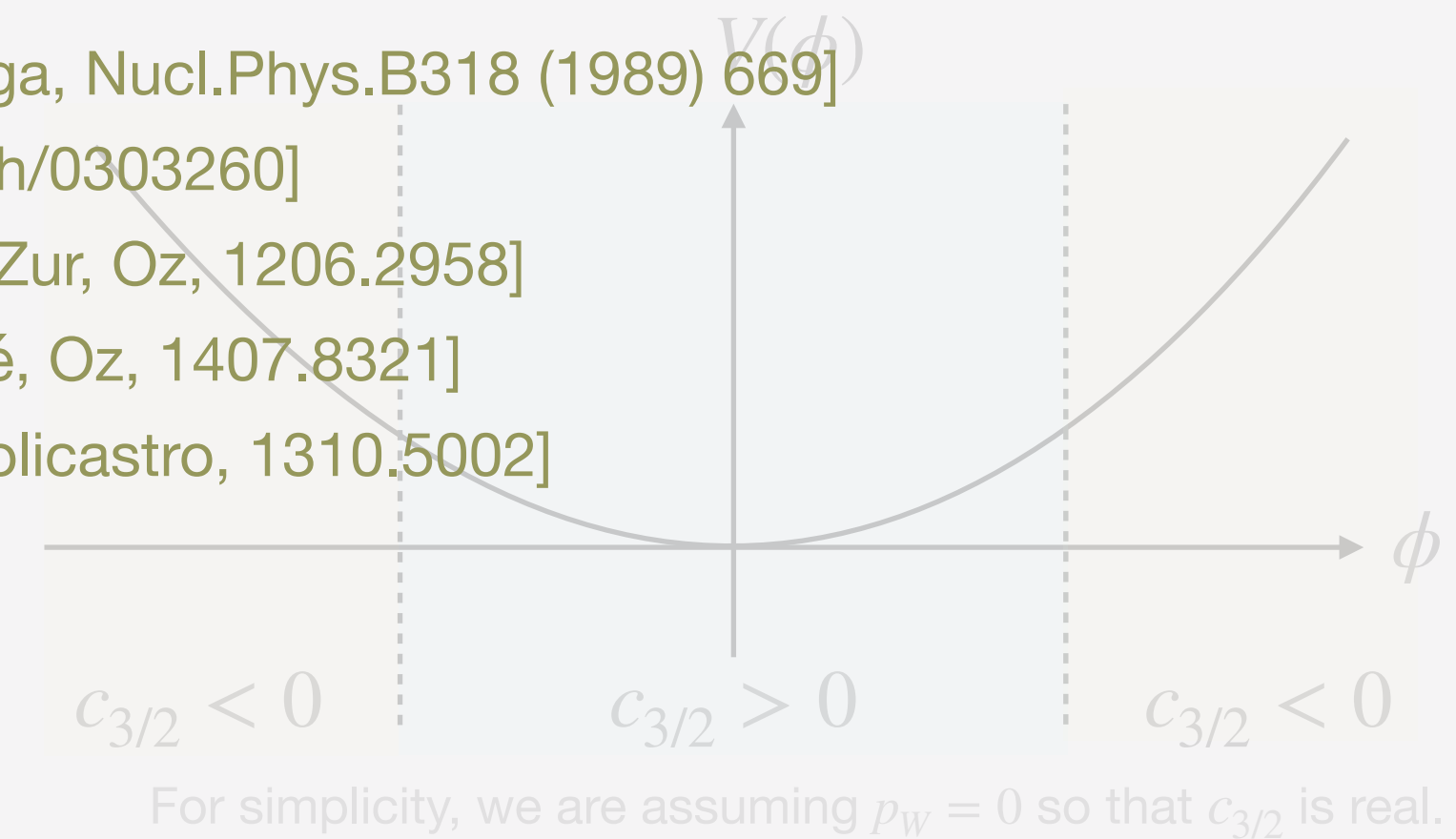
[Lebedev, Smilga, Nucl.Phys.B318 (1989) 669]

[Kratzert, hep-th/0303260]

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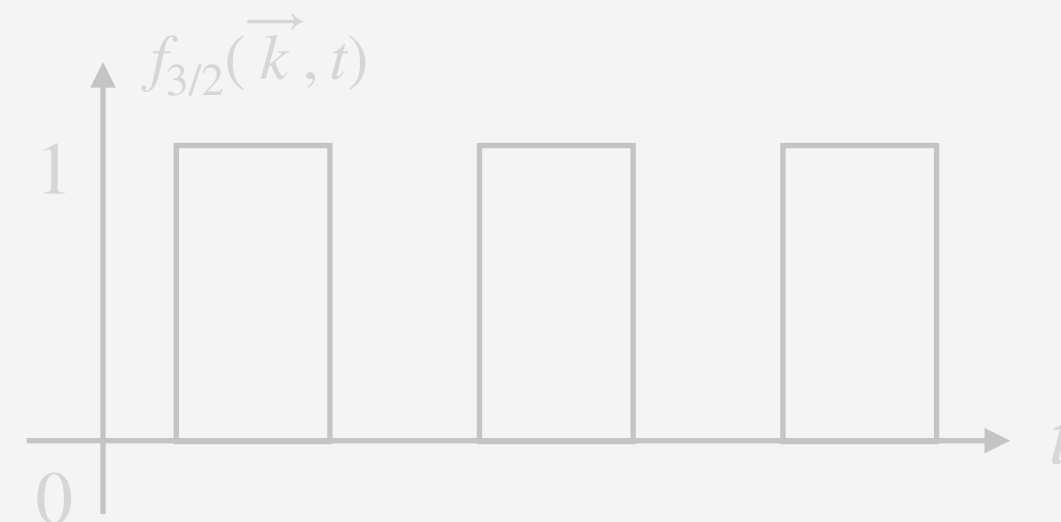
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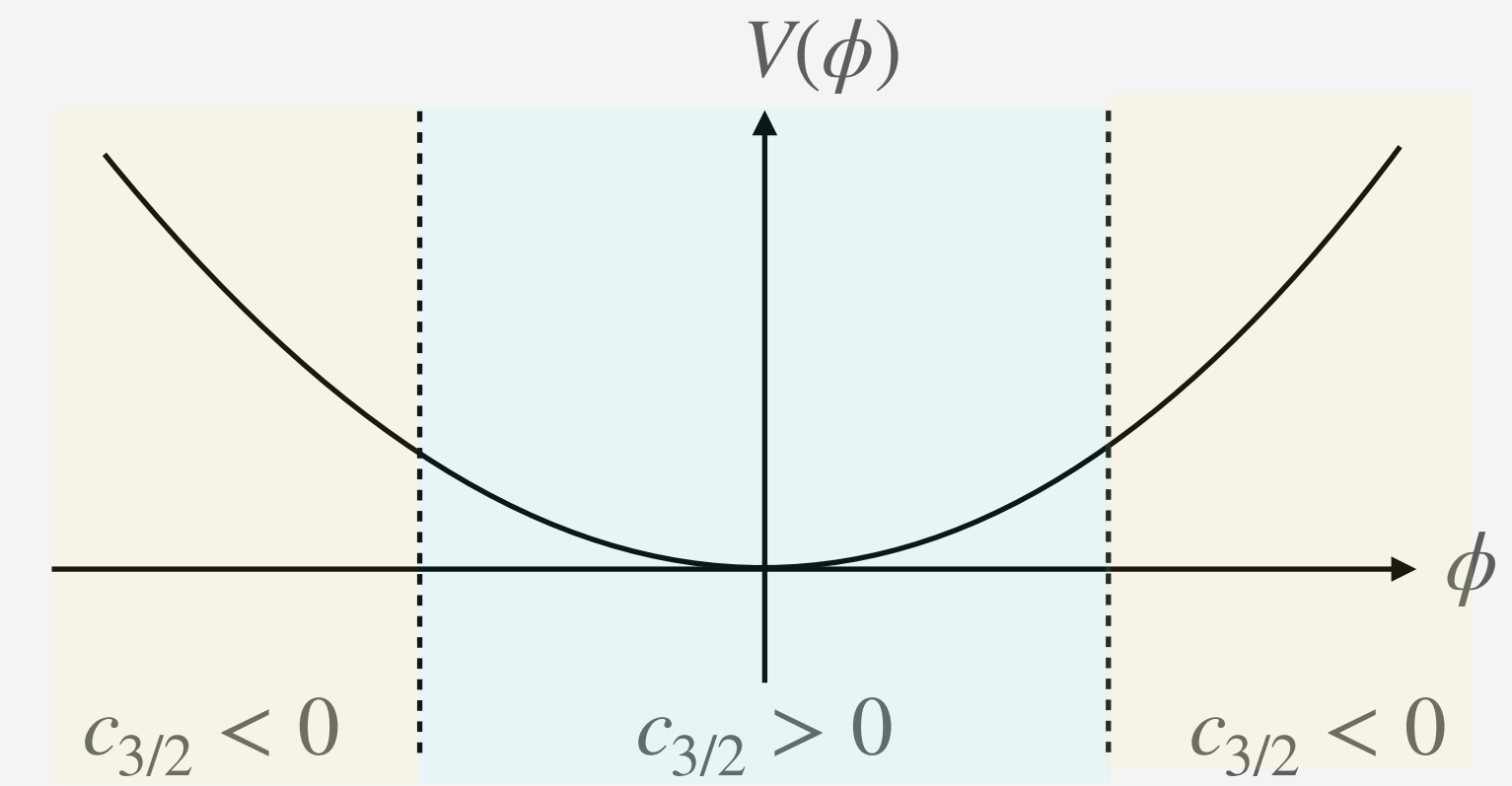
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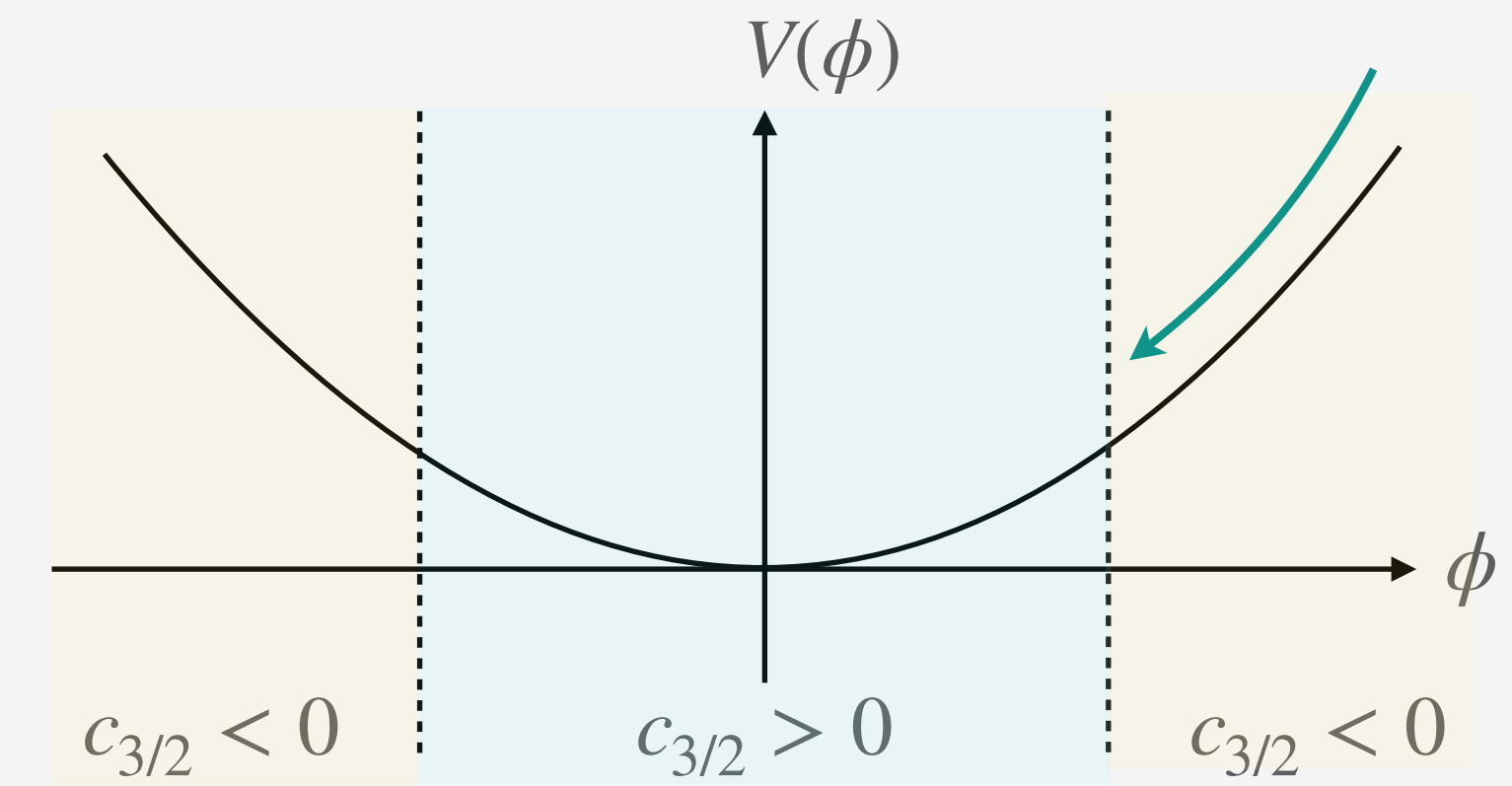
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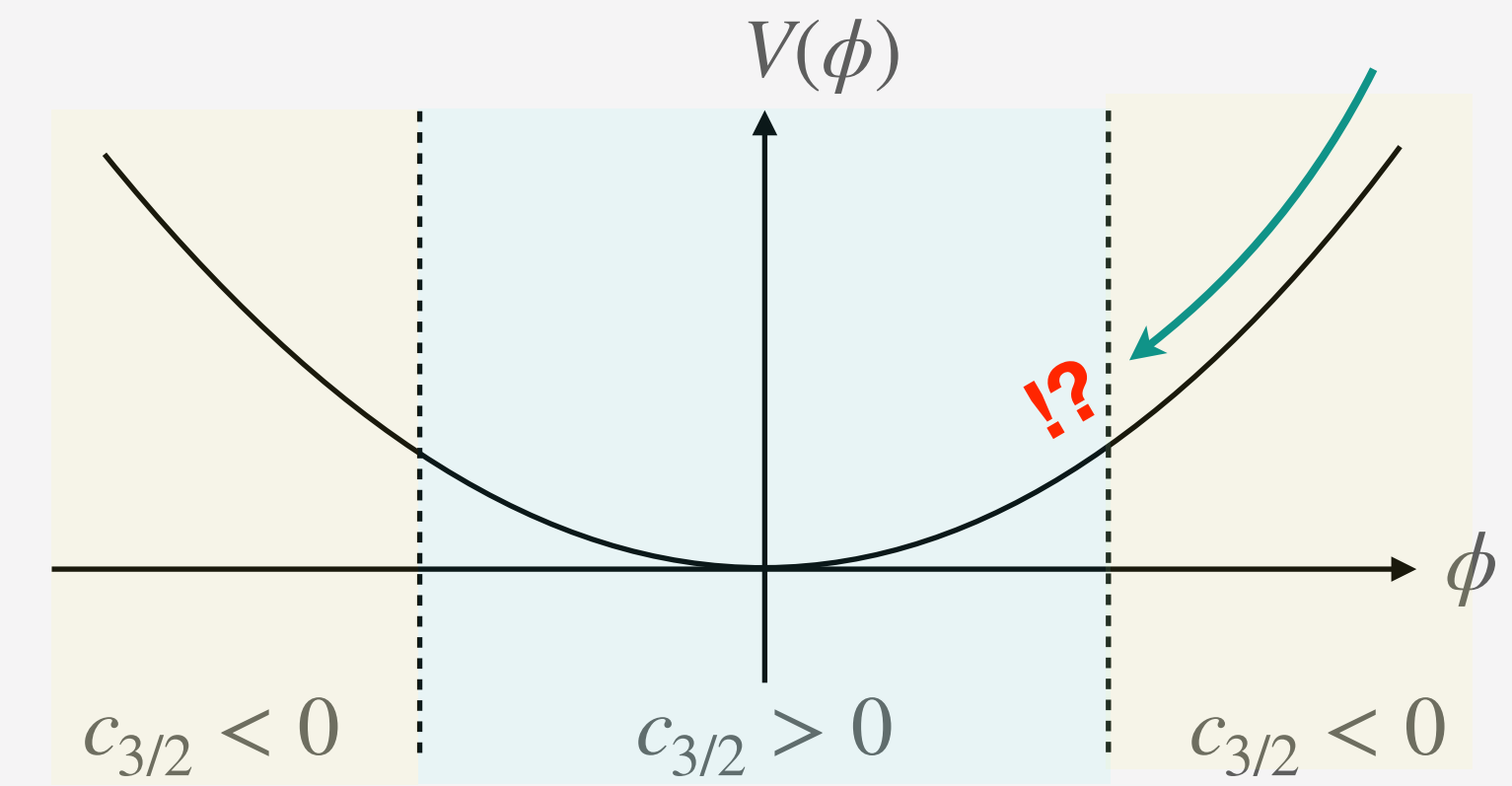
$$\mathcal{L} = -\frac{1}{2} \overline{\psi}^\ell \left(\gamma^0 \partial_0 - \hat{c}_{3/2} (\vec{\gamma} \cdot \vec{\nabla}) + a \hat{m}_{3/2} \right) \psi^\ell$$

Varying propagation speed (“sound speed”)

$$\hat{c}_{3/2} \equiv \frac{p_{\text{SB}} - \gamma^0 p_{\text{W}}}{\rho_{\text{SB}}} \quad \hat{m}_{3/2} \equiv \frac{3Hp_{\text{W}} + m_{3/2}(\rho_{\text{SB}} + 3p_{\text{SB}})}{2\rho_{\text{SB}}}$$

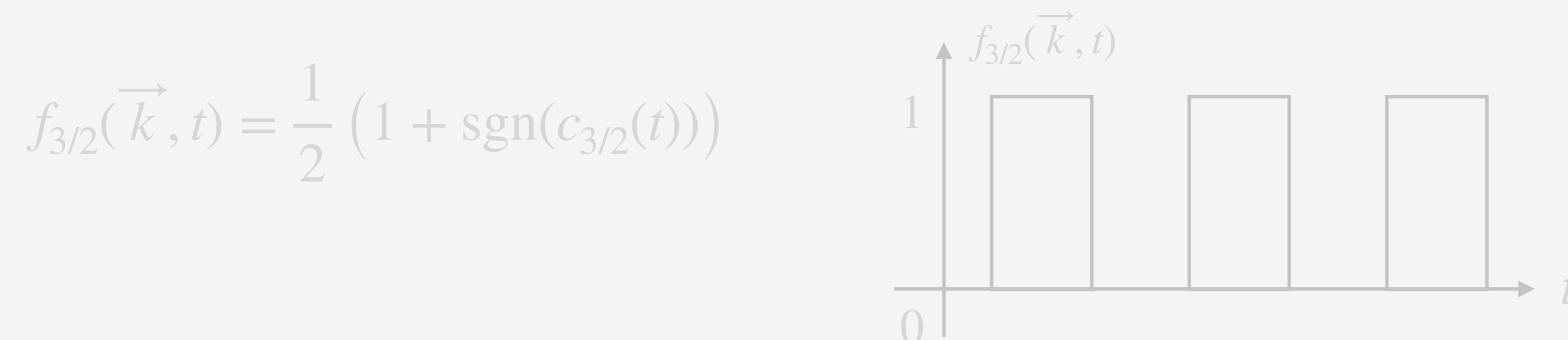
$$\rho_{\text{SB}} \equiv \rho + 3m_{3/2}^2 M_{\text{P}}^2 \quad p_{\text{SB}} = p - 3m_{3/2}^2 M_{\text{P}}^2 \quad p_{\text{W}} \equiv 2\dot{m}_{3/2} M_{\text{P}}^2$$

Inflaton potential & gravitino sound speed



For simplicity, we are assuming $p_{\text{W}} = 0$ so that $c_{3/2}$ is real.

Phase-space distribution (neglecting backreaction; $m_{3/2} \rightarrow 0$ limit)



Catastrophic gravitino production

$$a^3 n_{3/2} \sim 2 \int_0^\Lambda dk \frac{4\pi k^2}{(2\pi)^3} f_{3/2}(\vec{k}, t) \sim \Lambda^3$$

... or breakdown of the effective theory.

Anomalous Production of Slow Gravitinos

[Hasegawa, Mukaida, Nakayama, Terada, Yamada, 1701.03106], [Kolb, Long, Mcdonough, 2102.10113; 2103.10437]

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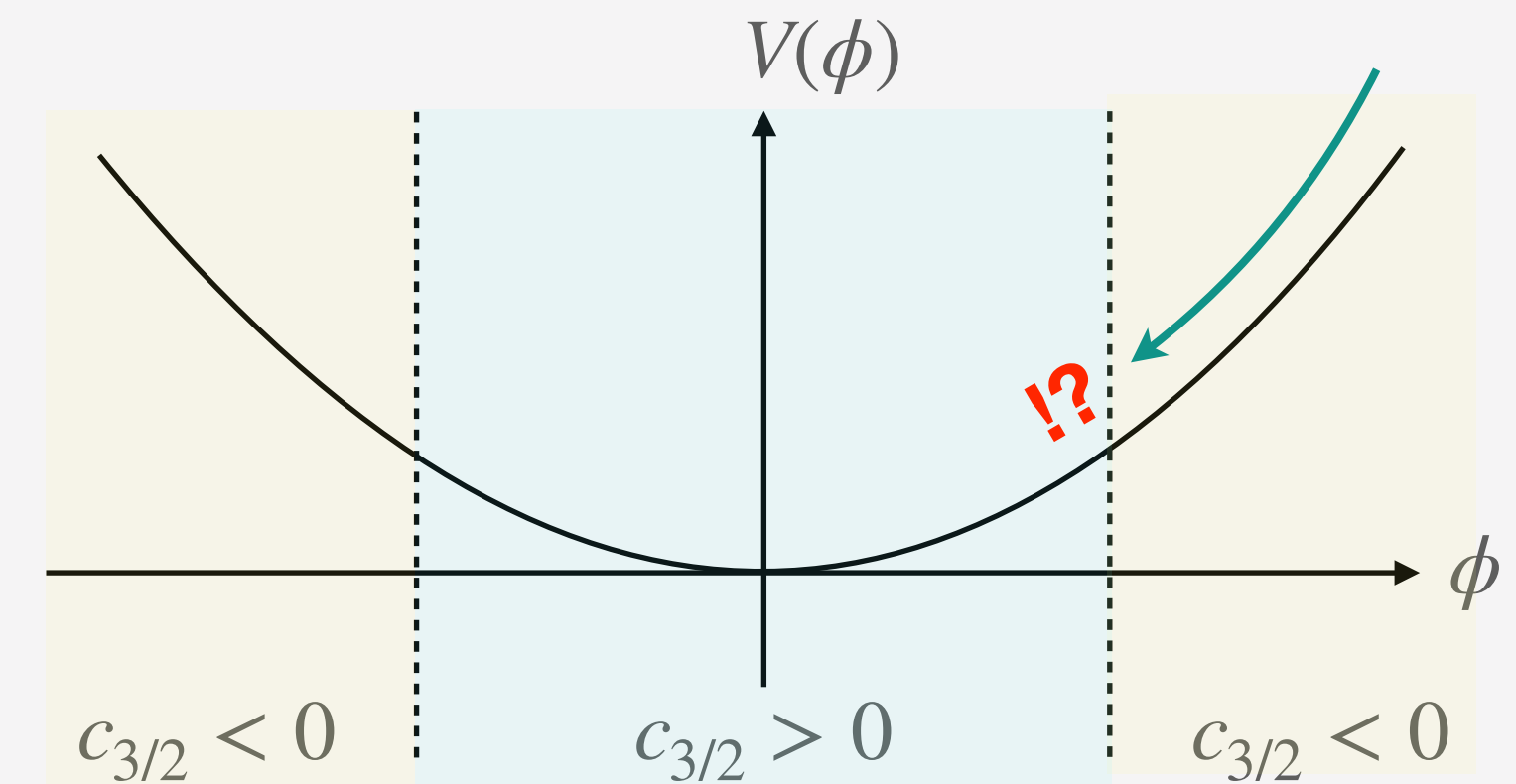
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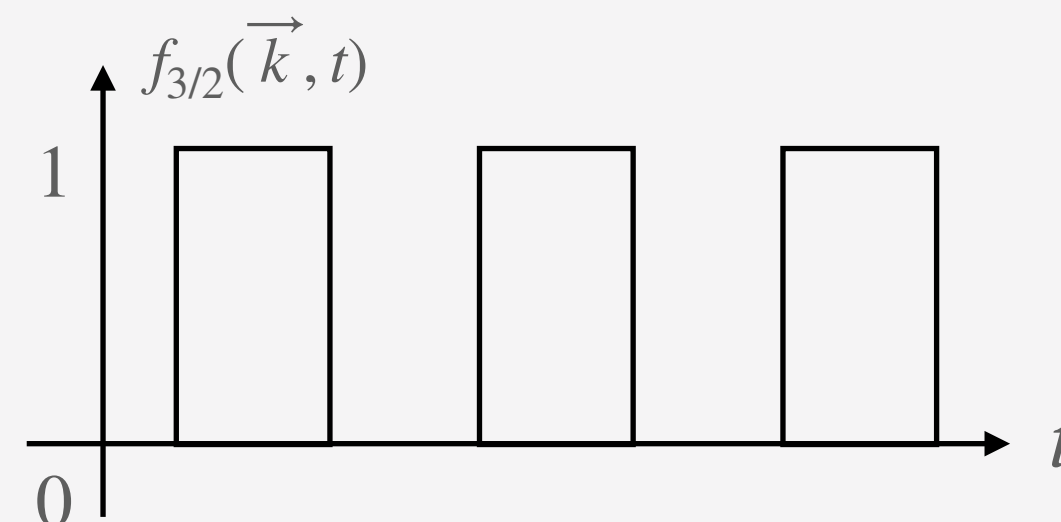
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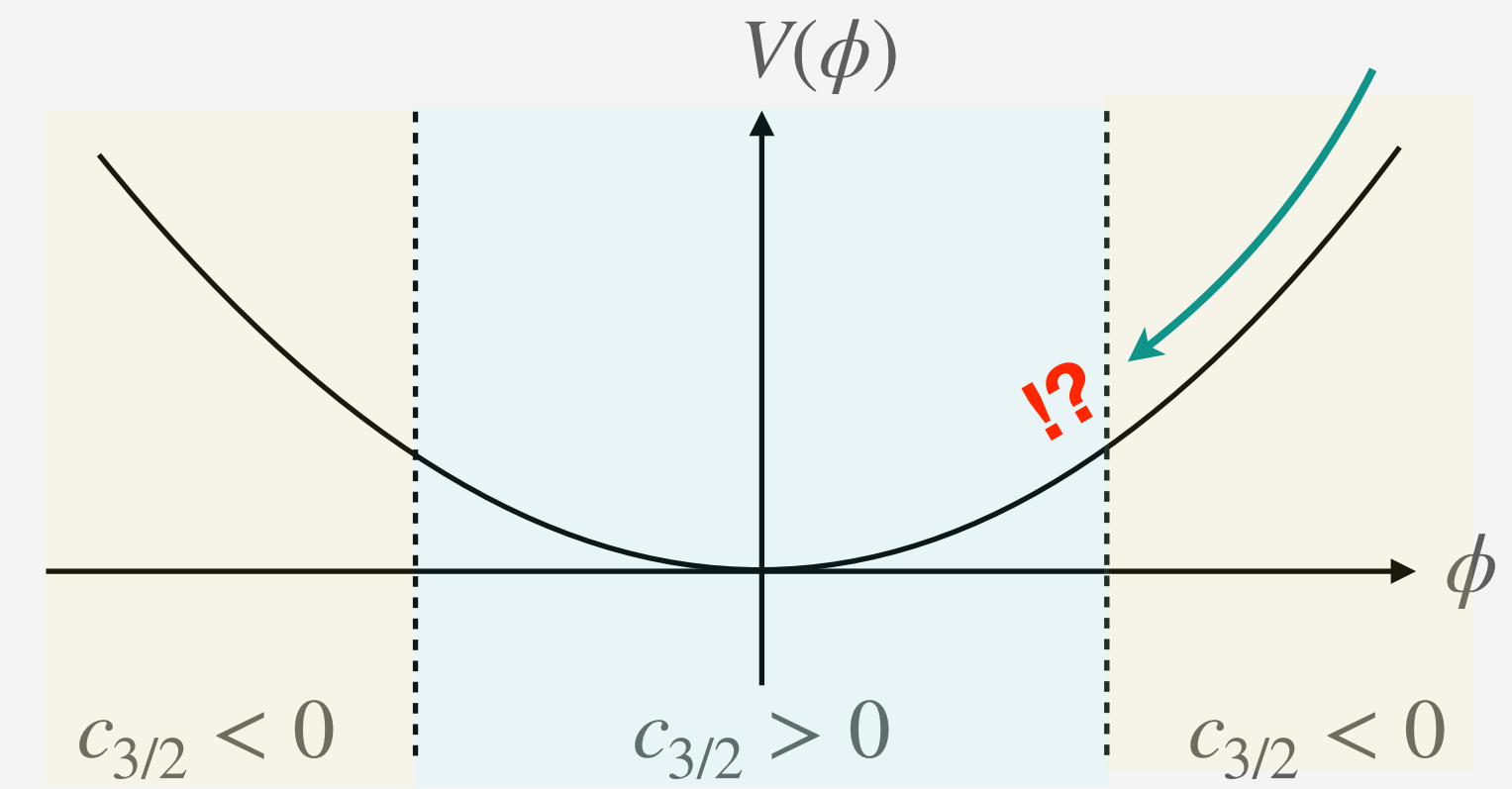
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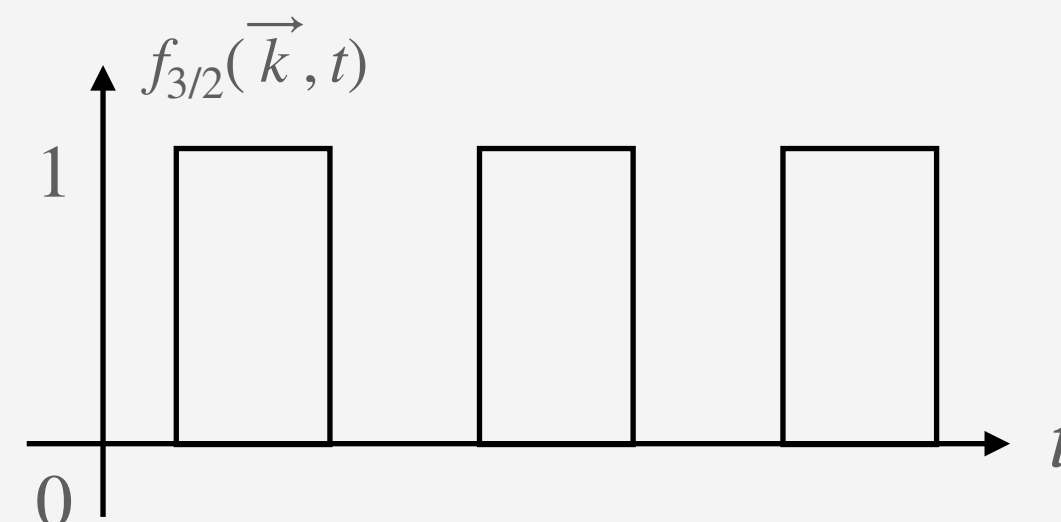


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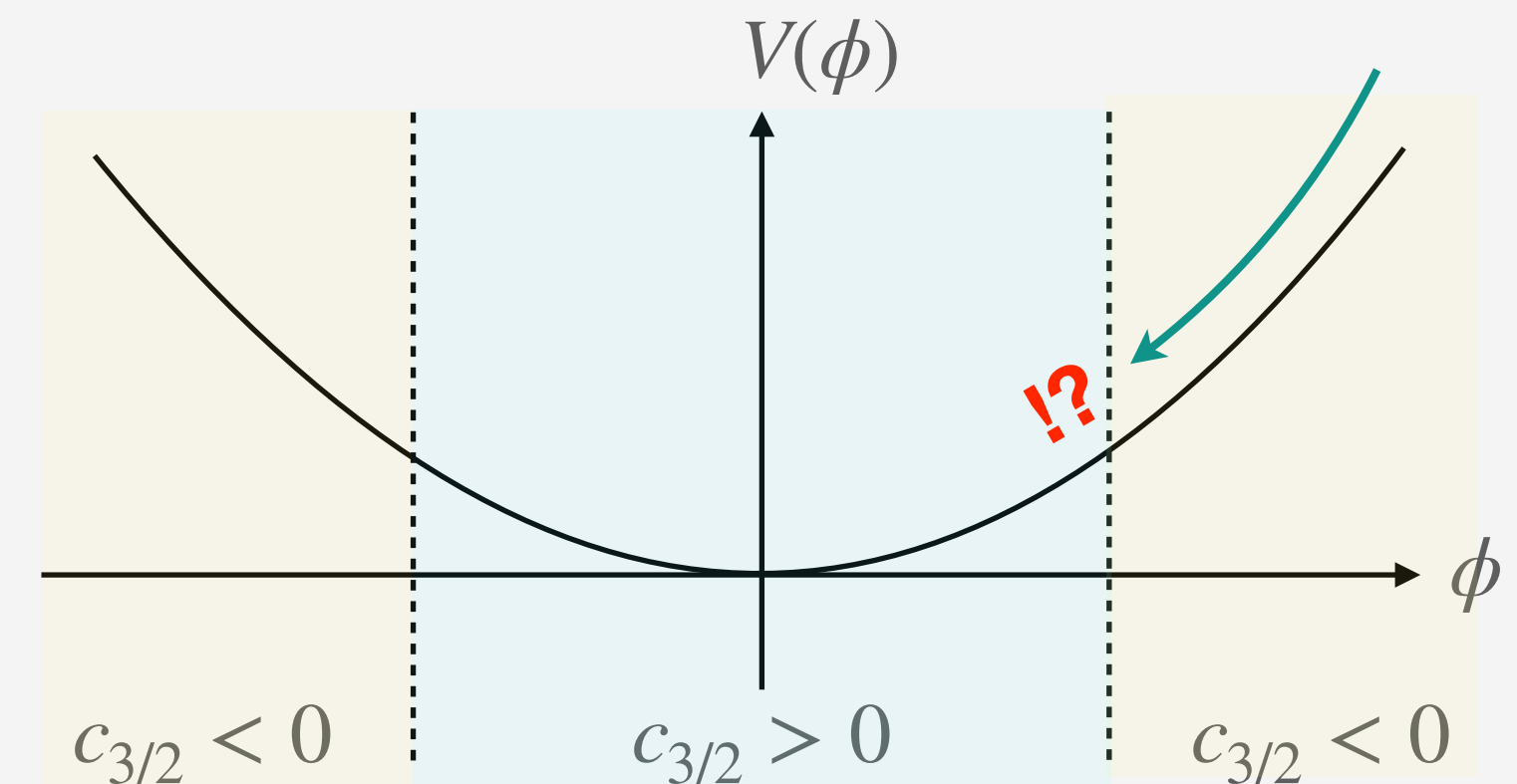
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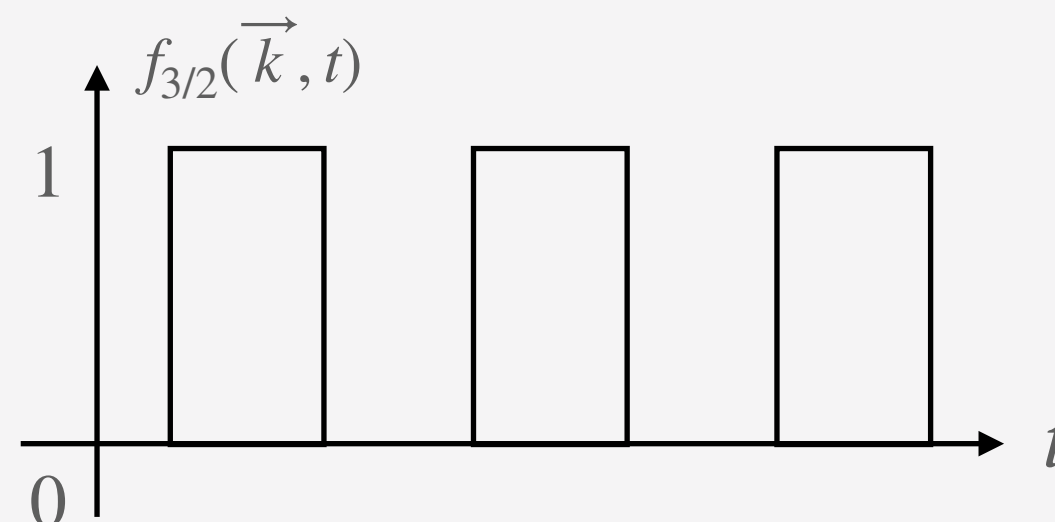


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In this talk, our aim is **not** to solve this issue.

Instead, we propose an **alternative model** for “Minimal Supergravity Inflation” **without the issue**.

Cubic Nilpotent Superfield Φ : $(\Phi - \bar{\Phi})^3 = 0$

[Aldabergenov, Chatrabhuti, Isono, 2103.11217]

See also [Kuzenko, 1712.09258],

[Komargodski, Seiberg, 0907.2441]

$$\Phi = \phi + \sqrt{2}\theta\chi^\Phi + \theta\theta F^\Phi$$

The global-SUSY solution of the constraint, $\text{Im } \phi = \text{Im } \phi(\chi^\Phi, F^\Phi, \text{Re } \phi)$, is complicated. See [Aldabergenov, Chatrabhuti, Isono, 2103.11217] for the explicit expression.

→ The solution in supergravity would be much complicated...

However, the solution in the **unitary gauge**, $v = \chi^\Phi = 0$, can be obtained easily.

(would-be) Nambu-Goldstone fermion: $v_L \equiv e^{K/2} D_i W \chi_L^i + g_{ij} \partial_\mu \phi^i \gamma^\mu \chi_R^{\bar{j}}$

more precise parametrization: $\Phi = \left(\phi + i\varphi, 0, -iF^\Phi, -F^\Phi, -i\partial_\mu(\phi + i\varphi), 0, 0 \right)$

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Inflation

In terms of a cubic nilpotent superfield Φ , $(\Phi - \bar{\Phi})^3 = 0$,

Kähler potential can be expanded as follows.

Superpotential is generic.

$$K(\Phi, \bar{\Phi}) = K_0(\Phi + \bar{\Phi}) - iK_1(\Phi + \bar{\Phi})(\Phi - \bar{\Phi}) - \frac{1}{2}K_2(\Phi + \bar{\Phi})(\Phi - \bar{\Phi})^2$$

$$W(\Phi) = W(\Phi)$$

Shift symmetry in Kähler potential ($K_0, K_1, K_2 \simeq \text{const.}$); soft explicit breaking in superpotential.

[Kawasaki, Yamaguchi, Yanagida, hep-ph/0004243], [Kallosh, Linde, 1008.3375], [Kallosh, Linde, Rube, 1011.5945]

For simplicity, let us take $K_0 = 0, K_1 = c$, and $K_2 = 1$.

Scalar potential is

$$\begin{aligned} V &= e^K (g^{\bar{\Phi}\Phi} |D_{\Phi} W|^2 - 3 |W|^2) \\ &= |W_{\Phi}|^2 + (c^2 - 3) |W|^2 + 2c \text{Im}(W \bar{W}_{\bar{\Phi}}). \end{aligned}$$

There are several methods to construct inflation potentials in supergravity with a single chiral superfield.

[Ketov, Terada, 1406.0252; 1408.6524; 1509.00953; 1606.02817], [Linde, 1504.00663],

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Example with $c = 0$

[Roest, Scalisi, 1503.07909]
$$W(\Phi) = W_0 \left(e^{\sqrt{3}\Phi} - e^{-\sqrt{3}\Phi} \text{Polynomial} \left(e^{-2\Phi/\sqrt{3\alpha}} \right) \right)$$

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Example with $c = 0$

[Roest, Scalisi, 1503.07909]
$$W(\Phi) = W_0 \left(e^{\sqrt{3}\Phi} - e^{-\sqrt{3}\Phi} \text{Polynomial} \left(e^{-2\Phi/\sqrt{3\alpha}} \right) \right)$$

Inflation

In terms of a cubic nilpotent superfield Φ , $(\Phi - \bar{\Phi})^3 = 0$,

Kähler potential can be expanded as follows.

Superpotential is generic.

$$K(\Phi, \bar{\Phi}) = K_0(\Phi + \bar{\Phi}) - iK_1(\Phi + \bar{\Phi})(\Phi - \bar{\Phi}) - \frac{1}{2}K_2(\Phi + \bar{\Phi})(\Phi - \bar{\Phi})^2$$

$$W(\Phi) = W(\Phi)$$

Shift symmetry in Kähler potential ($K_0, K_1, K_2 \simeq \text{const.}$); soft explicit breaking in superpotential.

[Kawasaki, Yamaguchi, Yanagida, hep-ph/0004243], [Kallosh, Linde, 1008.3375], [Kallosh, Linde, Rube, 1011.5945]

For simplicity, let us take $K_0 = 0, K_1 = c$, and $K_2 = 1$.

Scalar potential is

$$\begin{aligned} V &= e^K (g^{\bar{\Phi}\Phi} |D_{\Phi} W|^2 - 3 |W|^2) \\ &= |W_{\Phi}|^2 + (c^2 - 3) |W|^2 + 2c \text{Im}(W \bar{W}_{\bar{\Phi}}). \end{aligned}$$

There are several methods to construct inflation potentials in supergravity with a single chiral superfield.

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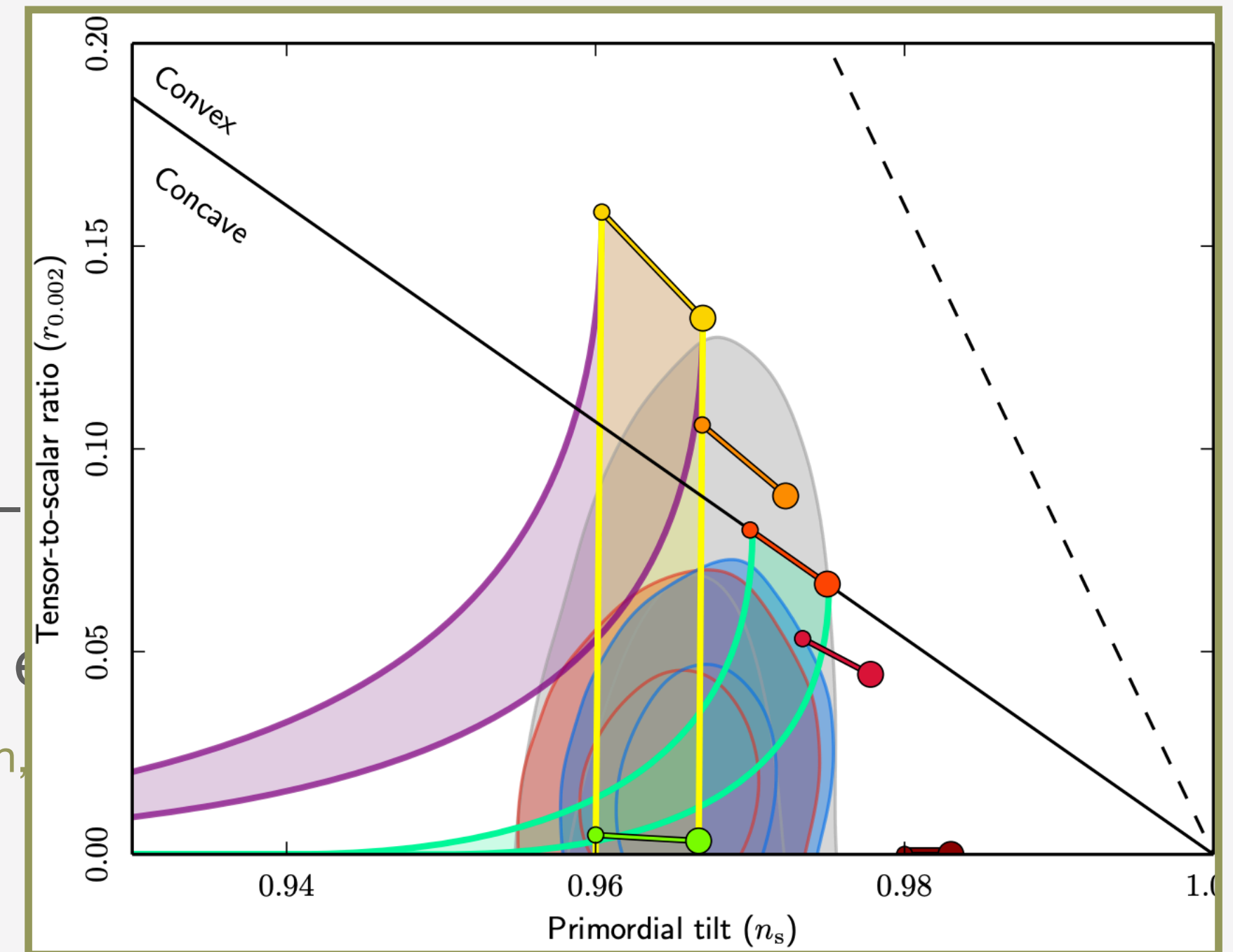
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[Akrami et al., Planck 2018, Constraints on inflation]



On Gravitino Problems

Longitudinal gravitino Lagrangian

$$\mathcal{L} = -\frac{1}{2}\overline{\psi^\ell} \left(\gamma^0 \partial_0 - \hat{c}_{3/2} \left(\vec{\gamma} \cdot \vec{\nabla} \right) + a \hat{m}_{3/2} \right) \psi^\ell$$

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The (standard) gravitino problem

[Pagels, Primack, PRL 48 (1982) 223], [Weinberg PRL 48 (1982) 1303]
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- Effects on light element abundance
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To avoid these problems,

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[Terada, “Minimal Supergravity Inflation without Slow Gravitino”, 2104.05731 [hep-th]]

- We propose an alternative realization of “Minimal Supergravity Inflation” where only degrees of freedom are a (real) inflaton, gravitino, and graviton.
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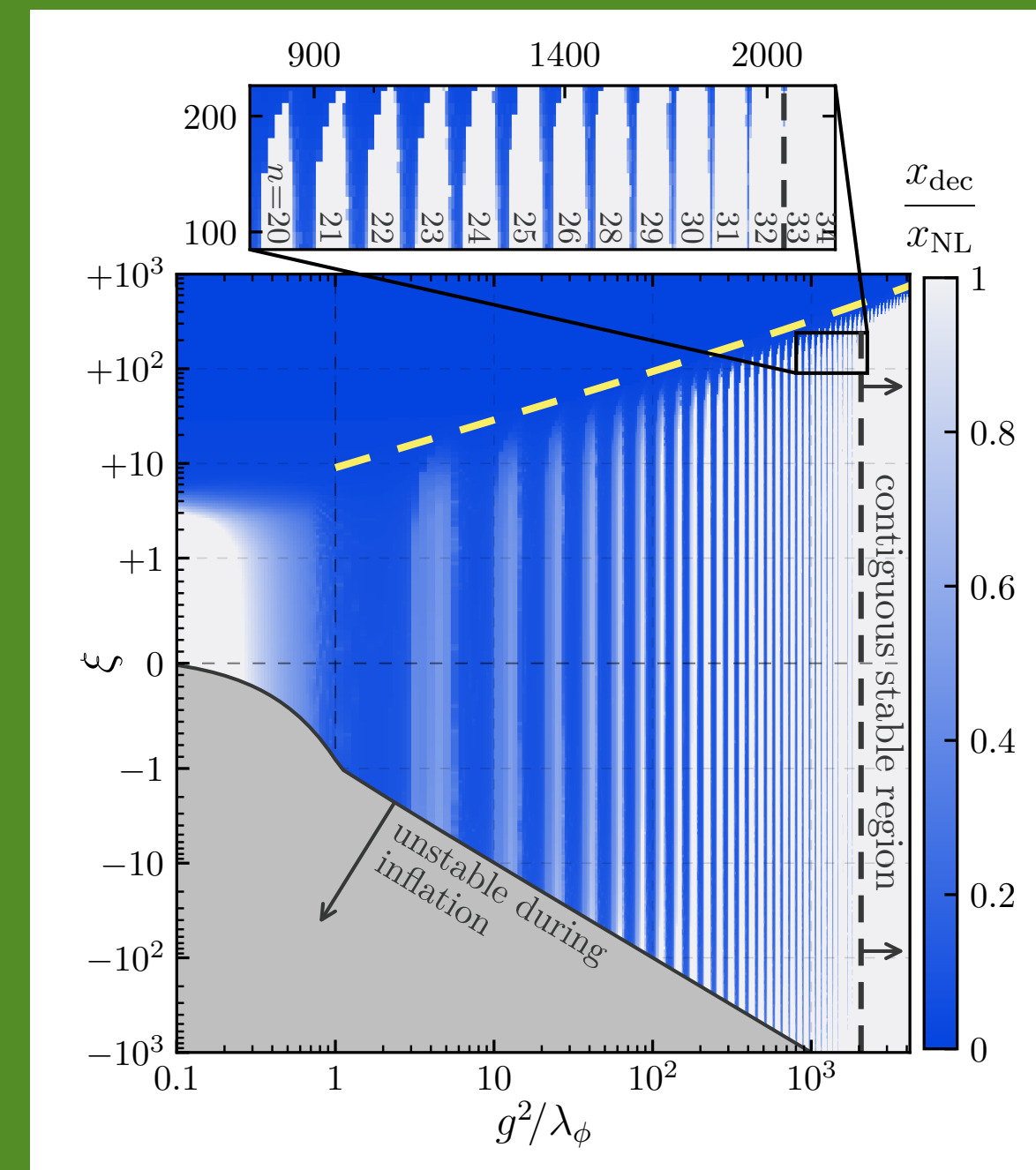
Advertisement:

Massless Preheating and Electroweak Vacuum Metastability

J. Kost, C.S. Shin, T. Terada

arXiv: 2105.06939 [hep-ph]

We forgot to submit the abstract by the PASCOS deadline...



Appendix

Cubic Nilpotent Superfield, in more detail

[Aldabergenov, Chatrabhuti, Isono, 2103.11217]

A chiral superfield \mathbf{S} can be expanded as follows: $\mathbf{S} = S + \sqrt{2}\theta\chi + \theta\theta F$, $S = \phi + i\varphi$.

The constraint, $(S + \bar{S})^3 = 0$, is solved for the real part of the bosonic component, $\Sigma \equiv S + \bar{S}$.

$$\Sigma = \chi^2\beta + \bar{\chi}^2\bar{\beta} + \frac{2}{U}\chi\sigma^\mu\bar{\chi}\partial_\mu\varphi,$$

where $U \equiv 2(|F|^2 - \partial_\mu\varphi\partial^\mu\varphi)$, and β is defined as

$$\beta \equiv \frac{\bar{F}}{U} + \frac{i\bar{\chi}}{U^2} \left(\bar{F}\bar{\sigma}^\mu\partial_\mu\chi - \partial_\mu\varphi\partial^\mu\bar{\chi} + 2\partial_\mu\varphi\bar{\sigma}^{\mu\nu}\partial_\nu\chi \right) - \frac{\bar{\chi}^2}{2U^3} \left(F\partial_\mu\bar{\chi}\bar{\sigma}^{\mu\nu}\partial_\nu\bar{\chi} + \bar{F}\partial_\mu\chi\sigma^{\mu\nu}\partial_\nu\chi + \partial_\mu\varphi\partial_\nu\chi (2\sigma^\mu\eta^{\nu\rho} - \sigma^\nu\eta^{\rho\mu} - \sigma^\rho\eta^{\mu\nu} - i\epsilon^{\mu\nu\rho\sigma}\sigma_\sigma) \partial_\rho\bar{\chi} \right).$$

Proof of $|\hat{c}_{3/2}| = c$

$$|\hat{c}_{3/2}|^2 = \frac{p_{\text{SB}}^2 + |p_{\text{W}}|^2}{\rho_{\text{SB}}^2} = \frac{\left(\frac{1}{2}\dot{\phi}^2 - |F^\Phi|^2\right)^2 + \left|\sqrt{2}F^\Phi\dot{\phi}\right|^2}{\left(\frac{1}{2}\dot{\phi}^2 + |F^\Phi|^2\right)^2} = 1.$$

The gravitino sound speed equals the speed of light when the inflation sector is composed of a single chiral superfield. This fact is well known.

[Kallosh, Kofman, Linde, Van Proeyen, hep-th/9907124; hep-th/0006179]

[Giudice, Tkachev, Riotto, hep-ph/9907510; hep-ph/9911302]

See also [Nilles, Peloso, Sorbo, hep-ph/0102264; hep-th/0103202]

[Ema, Mukaida, Nakayama, Terada, 1609.04716]

Anomalous Gravitino Production, Details 1

[Hasegawa, Mukaida, Nakayama, Terada, Yamada, 1701.03106]

Gravitino mode expansion (Dirac rep.)

$$\psi^\ell = \sum_h \int \frac{d^3k}{(2\pi)^{3/2}} e^{i\vec{k}\cdot\vec{x}} \begin{pmatrix} u_{\vec{k},h}^+(t) \\ u_{\vec{k},h}^-(t) \end{pmatrix} \otimes \xi_{\vec{k},h} \hat{b}_{\vec{k},h} + \text{H.c.}$$

annihilation op.
eigenvector of helicity

helicity sum
Fourier transform

Equation of motion for this

$$c_{3/2} u'' - c'_{3/2} u' + c_{3/2} \widetilde{\omega}_k^2 u = 0$$

$$\widetilde{\omega}_k^2 \equiv a^2 \omega_k^2 - ic_{3/2} (a \widehat{m}_{3/2} / c_{3/2})'$$

where $c_{3/2} \equiv (p_{\text{SB}} + ip_W) / \rho_{\text{SB}}$ and $\omega_k \equiv \sqrt{\widehat{m}_{3/2}^2 + |c_{3/2} k / a|^2}$.

Let us begin with the simplest case: $g(\Phi) = m_{3/2} M_{\text{P}}^2$ (const.). $\Rightarrow p_W = 0$, and $c_{3/2} = c_{3/2}^* = w_{\text{SB}} (= p_{\text{SB}} / \rho_{\text{SB}})$.

Further, let us consider the limit $m_{3/2} \rightarrow 0$ to allow an analytic solution:
 (Of course, this limit restores SUSY, so we cannot take this limit literally.)

$$u(\eta) = \frac{1}{\sqrt{2}} \exp \left[ik \int_0^\eta d\eta' c_{3/2}(\eta') \right]$$

The sign change of the sound speed switches the positive and negative frequency modes.

$$f_{3/2}(\vec{k}; t) \equiv \frac{1}{2\omega_k(t)} \left(2\text{Im} \left(u_{\vec{k}}^{+*}(t) \dot{u}_{\vec{k}}^+(t) \right) - \widehat{m}_{3/2}(t) \right) + \frac{1}{2} = \frac{1}{2} \left(1 + \text{sgn} (c_{3/2}(t)) \right) \quad \leftarrow \text{Momentum independent!!}$$

Anomalous Gravitino Production, Details 1

[Hasegawa, Mukaida, Nakayama, Terada, Yamada, 1701.03106]

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Restoring $m_{3/2} (\ll H)$ smears the sharp edge of $f_{3/2}$ and modulates the oscillation in a longer time scale $m_{3/2}^{-1}$.
Our orders-of-magnitude estimates and conclusions would not be affected.

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Anomalous Gravitino Production, Details 2

[Hasegawa, Mukaida, Nakayama, Terada, Yamada, 1701.03106]

Dirac Sea filled up to $k \rightarrow \infty$!?

Possibilities

- (A) The effective theory breaks down, and the linearized SUSY theory is needed.
- (B) The particle production phenomenon is real, and it is valid up to some UV cutoff scale Λ .

(Expected) unitarity bound

$$\Lambda_{\text{UB}} = \left(M_{\text{P}}^2 (H^2 + m_{3/2}^2) \right)^{1/4}$$

[Kallosh, Kofman, Linde, Van Proeyen, hep-th/0006179]

[Dall'Agata, Zwirner, 1411.2605]

[Ferrara, Kallosh, Thaler, 1512.00545]

[Kahn, Roberts, Thaler, 1504.05958]

[Carrasco, Kallosh, Linde, 1512.00546]

[Delacretaz, Gorbenko, Senatore, 1610.04227]

[Casalbuoni, De Curtis, Dominici, Feruglio, Gatto, Phys.Lett.B216 (1989) 325, erratum: PLB229 (1980) 439]

Gravitino number density

$$a^3 n_{3/2} \sim 2 \int_0^\Lambda dk \frac{4\pi k^2}{(2\pi)^3} f_{3/2}(\vec{k}; t) \sim \Lambda^3$$

Gravitino energy density

$$\rho_{3/2} \sim a^{-4} \Lambda^4 \lesssim \Lambda_{\text{UB}}^4 \sim 3H^2 M_{\text{P}}^2 = \rho$$



A substantial fraction of the energy density is transferred to gravitinos.

Anomalous Gravitino Production, Details 3

[Hasegawa, Mukaida, Nakayama, Terada, Yamada, 1701.03106]

Alternative understanding based on the standard technique of preheating

Field redefinition to remove the γ^0 -dependence of the sound speed parameter: $\psi^\ell = e^{\theta\gamma^0}\tilde{\psi}^\ell$

Longitudinal gravitino Lagrangian

$$\mathcal{L} = -\frac{1}{2}\overline{\tilde{\psi}^\ell} \left(\gamma^0\partial_0 - |c_{3/2}| \left(\vec{\gamma} \cdot \vec{\nabla} \right) + a(\widehat{m}_{3/2} - \theta') \right) \tilde{\psi}^\ell$$

where $\tan 2\theta = -p_W/p_{SB}$. The effective mass oscillates like spikes.

Particle production is now understood as being caused by the **non-adiabaticity** of the oscillating mass.

Consider more general cases with $|g_\Phi| \neq 0$.

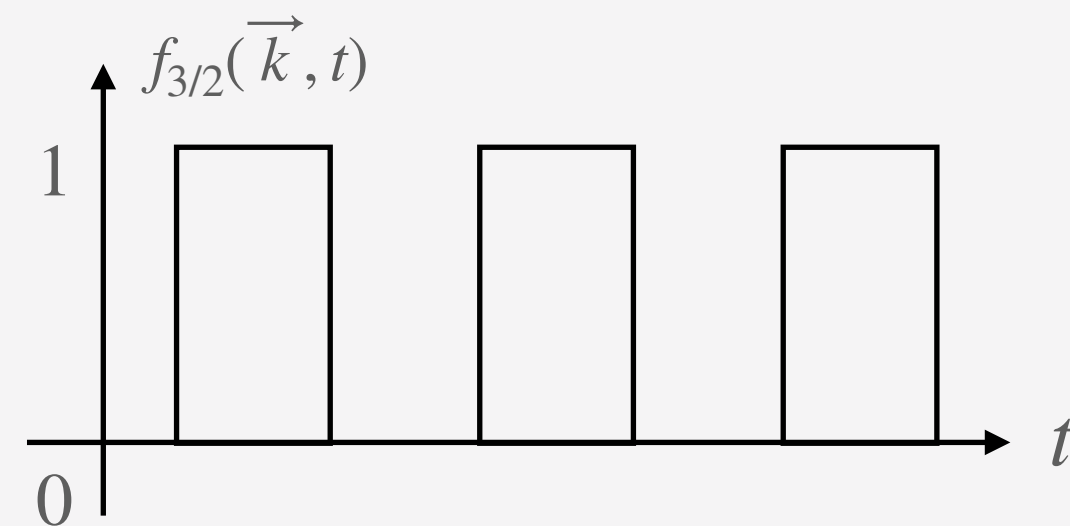
Gravitinos are produced up to $k_{\max} \sim \min \left[\Lambda, \frac{M_{\text{P}}^2 H^2 m_\phi}{|g_\Phi|^2} \right]$. However, “standard” gravitino problem remains.

Anomalous Gravitino Production, Details 4

[Hasegawa, Mukaida, Nakayama, Terada, Yamada, 1701.03106]

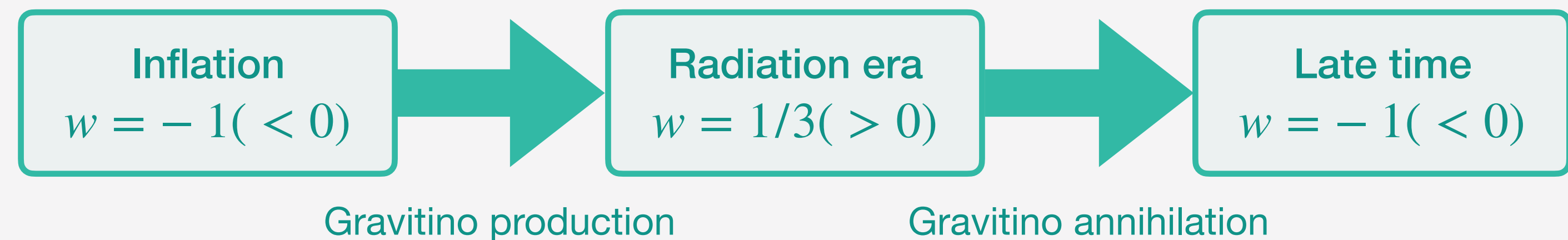
Particle production and annihilation

by inflaton coherent oscillation



Even without assuming inflaton coherent oscillation,
(for simplicity, we here assume $p_W = 0$ and small $m_{3/2}$.)

$$c_{3/2} = w_{\text{SB}} = \frac{p - 3m_{3/2}^2 M_{\text{P}}^2}{\rho + 3m_{3/2}^2 M_{\text{P}}^2}$$



... Can we hope that the produced gravitinos disappear?

It is hard to imagine the exact cancellation because of the cosmic expansion.

Gravitinos are diluted with time-dependent Hubble factor, so the annihilation will be incomplete.

Anomalous Gravitino Production, Details 5

[Hasegawa, Mukaida, Nakayama, Terada, Yamada, 1701.03106]

What is the essence of the anomalous/catastrophic production?

In the standard case without constraints, the fermion gradient terms can be diagonalized:

$$\mathcal{L}_{\text{grad}} = -\frac{1}{2} \begin{pmatrix} \overline{\psi^\ell} & \overline{v_\perp} \end{pmatrix} \left(i\vec{\gamma} \cdot \vec{k} \right) \widehat{\mathcal{C}}_{3/2} \begin{pmatrix} \psi^\ell \\ v_\perp \end{pmatrix}$$

For multi-(super)fields, $|\widehat{\mathcal{C}}_{3/2}|^2 \neq 1$, in general.

[Kallosh, Kofman, Linde, Van Proeyen, hep-th/9907124; hep-th/0006179]

[Giudice, Tkachev, Riotto, hep-ph/9907510; hep-ph/9911302]

[Nilles, Peloso, Sorbo, hep-ph/0102264; hep-th/0103202]

[Ema, Mukaida, Nakayama, Terada, 1609.04716]

[Dudas, Garcia, Mambrini, Olive, Peloso, Verner, 2104.03749]

[Antoniadis, Benakli, Ke, 2105.03784]

$$\widehat{\mathcal{C}}_{3/2} = \begin{pmatrix} -\widehat{\mathcal{C}}_{3/2}^\dagger & \alpha_i e^{-2\gamma^0 \theta_i} \overline{\mathcal{O}}_{iJ} \\ \overline{\mathcal{O}}_{Li}^\dagger \alpha_i e^{-2\gamma^0 \theta_i} & \overline{\mathcal{O}}_{Li}^\dagger e^{-2\gamma^0 \theta_i} \overline{\mathcal{O}}_{iJ} \end{pmatrix}$$

The whole matrix satisfies $|\widehat{\mathcal{C}}_{3/2}|^2 = 1$ and can be diagonalized into the unit matrix.

The anomalous/catastrophic gravitino production can be interpreted as the brute-force intervention to the diagonalization process by the constraints.

→ **Inflatino** (or other relevant fermions) **should not be removed from the spectrum.**

Gravitino Abundance

Partial decay rate (for $m_{3/2} \ll m_\phi$) $\Gamma(\phi \rightarrow \psi_{3/2}\psi_{3/2}) \simeq \frac{m_\phi^5}{96\pi m_{3/2}^2 M_P^2}$ It can easily lead to a **gravitino-dominated Universe!**

Gravitino yield

$$Y_{3/2} \equiv \frac{n_{3/2}}{s} = \frac{3T_R}{2m_\phi} \text{Br}(\phi \rightarrow \psi_{3/2}\psi_{3/2})$$

$$= \frac{m_\phi^4}{64\pi m_{3/2}^2 T_R M_P} \left(\frac{90}{\pi^2 g_*(T_R)} \right)^{1/2}$$

$$= 4.4 \times 10^{-5} \left(\frac{m_\phi}{10^{12} \text{ GeV}} \right)^4 \left(\frac{m_{3/2}}{10^{11} \text{ GeV}} \right)^{-2} \left(\frac{T_R}{10^9 \text{ GeV}} \right)^{-1} \left(\frac{g_*}{200} \right)^{-1/2}$$

← Suppose the branching fraction is small.
We have also neglected a possible dilution effect during gravitinos are relativistic and after the end of the production at $H \sim m_{3/2}$ for simplicity.

Some possibilities to avoid the gravitino problem:

- (1) Reheating by gravitino decay.
- (2) Kinematically too heavy gravitinos.
- (3) Entropy production.
- (4) R-parity violation.

Inflation Model: Example 1

[Roest, Scalisi, 1503.07909]

Kähler potential $K(\Phi, \bar{\Phi}) = -\frac{1}{2} (\Phi - \bar{\Phi})^2$ Superpotential $W(\Phi) = W_0 \left(e^{\sqrt{3}\Phi} - e^{-\sqrt{3}\Phi} F \left(e^{-\frac{2\Phi}{\sqrt{3\alpha}}} \right) \right)$

where $\alpha, W_0 > 0$ as a convention, and $F(x) \equiv \sum_{n=0}^{\infty} f_n x^n$ is a real holomorphic function ($f_n \in \mathbb{R}$).

We impose 3 conditions (parametrization):

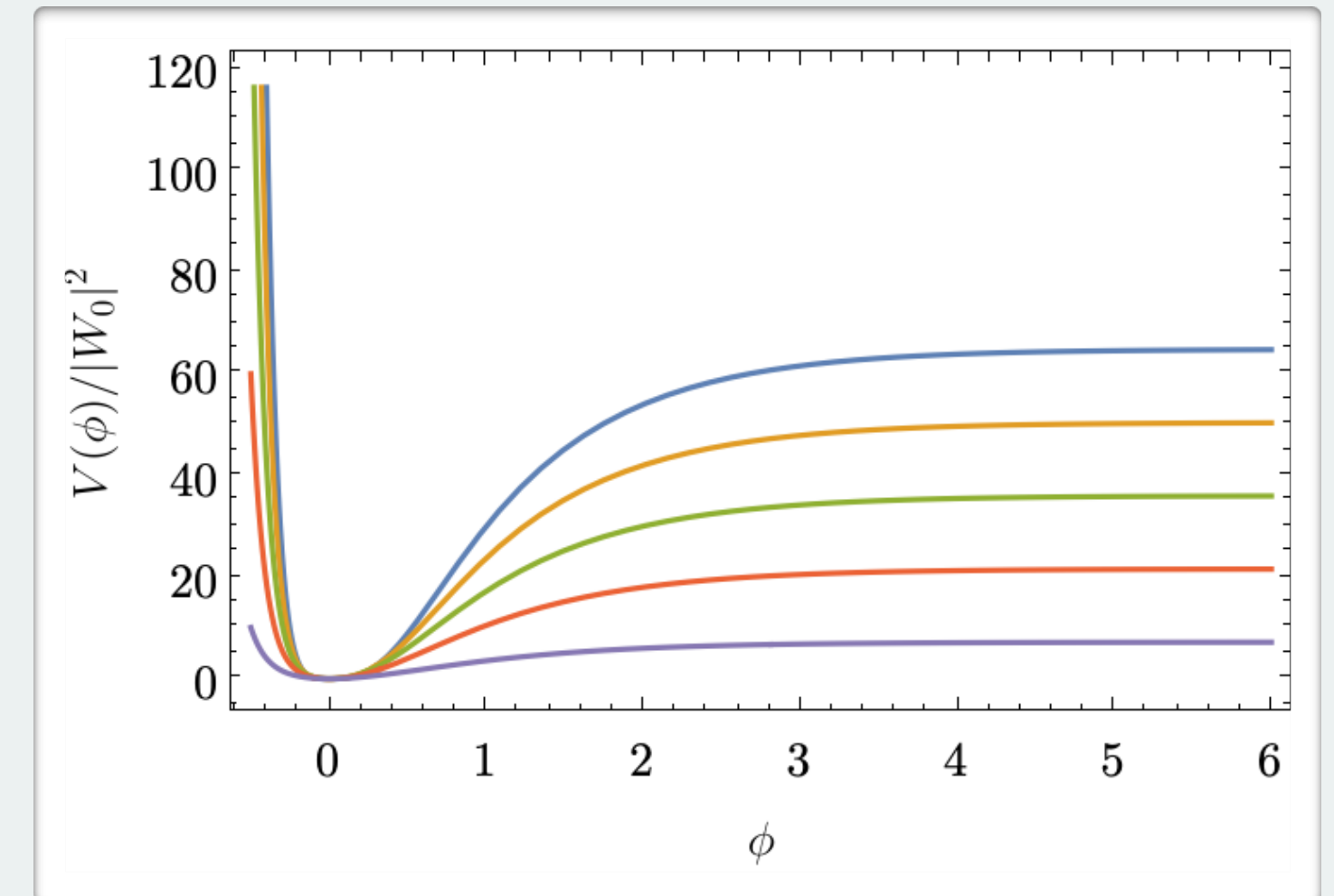
- (1) The origin of the field is a stationary point (minimum) $V'(0) = 0$.
- (2) The small cosmological constant $V(0) = \Lambda$.
- (3) The tunable SUSY breaking parameter $F(1) = 1 - \delta$.

Truncating at $n = 2, f_0, f_1$, and f_2 can be solved in terms of α, δ , and Λ .

Inflaton mass in terms of gravitino mass and cosmological constant

$$m_\phi^2 = \frac{4(2 + 9\sqrt{\alpha} + 9\alpha)}{3\alpha\delta} \left((2 - \delta)m_{3/2} \sqrt{3(3m_{3/2}^2 + \Lambda)} - \delta(3m_{3/2}^2 + \Lambda) \right)$$

The gravitino is heavier than the inflaton for $\delta \simeq 1$ and for $\delta \lesssim -8\alpha^{-1}(2 + 9\sqrt{\alpha} + 9\alpha)$.



Examples of the scalar potential.
 $\delta = 0.1, 0.3, 0.5, 0.7$, and 0.9 from top to bottom.
 $\alpha = 4/9$ and $\Lambda = 0$.

Inflation Model: Example 2

[Ketov, Terada, 1406.0252]

Kähler potential $K(\Phi, \bar{\Phi}) = -ic(\Phi - \bar{\Phi}) - \frac{1}{2}(\Phi - \bar{\Phi})^2$

Superpotential $W(\Phi) = \mu \left(b - e^{-\sqrt{2}a\Phi} \right)$

where c , μ , and a are real, but $b = b_R + ib_I$ is complex.

Scalar potential

$$V = \mu^2 \left((c^2 - 3)(b_R - e^{-a\phi})^2 + (cb_I - \sqrt{2}ae^{-a\phi})^2 - 3b_I^2 \right)$$

VEV of the inflaton

$$e^{-a\phi} = \frac{(c^2 - 3)b_R - \sqrt{2}acb_I}{c^2 + 2a^2 - 3}$$

Inflaton mass

$$m_\phi^2 = \frac{2a^2\mu^2 \left((c^2 - 3)b_R - \sqrt{2}acb_I \right)^2}{c^2 + 2a^2 - 3}$$

Gravitino mass

$$|m_{3/2}|^2 = \mu^2 \left| \frac{a \left(2ab_R + \sqrt{2}cb_I \right)}{c^2 + 2a^2 - 3} + ib_I \right|^2$$

We can require that the form of the potential is $V = \frac{m_\phi^2}{2a^2}(1 - e^{-a\phi})^2 + \Lambda$ and solve for b_R and b_I .

Inflaton decay into gravitinos is kinematically forbidden for $0 < c^2 - 3 \lesssim \mathcal{O}(1)$.

same as α -attractors,
generalizing Starobinsky model
and Higgs inflation.

Gravitino and Swampland

Some Swampland conjectures about gravitinos were proposed recently.
These are not the topic of this talk.

Gravitino Swampland conjecture [Kolb, Long, Mcdonough, 2102.10113; 2103.10437]

Gravitino sound speed should not vanish.

Gravitino mass conjecture [Cribiori, Lust, Scalisi, 2104.08288]

Gravitino distance conjecture [Castellano, Font, Herraez, Ibáñez, 2104.10181]

The limit of vanishing gravitino mass corresponds to an infinite distance.
An infinite tower of states become light in the limit, and the EFT breaks down.