



An effective 2-body approach to the hierarchical 3-body problem in GR

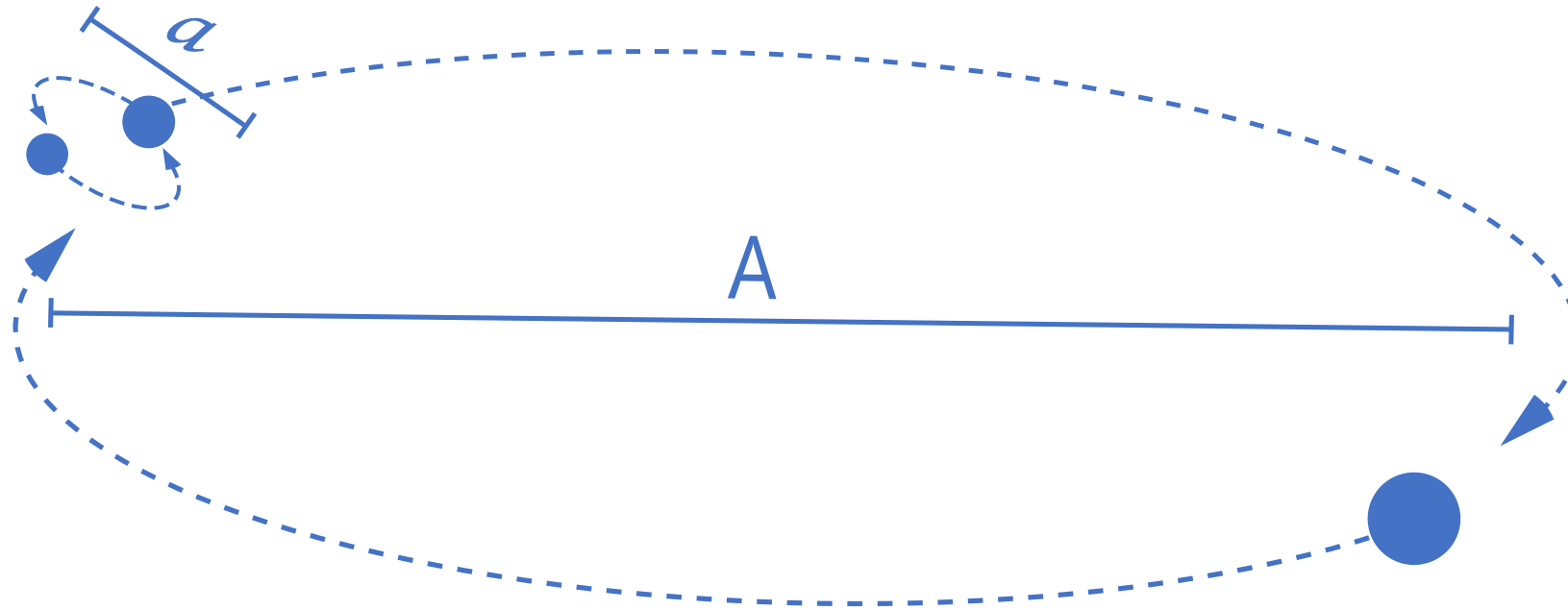
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The hierarchical three body problem



Perturbative setting

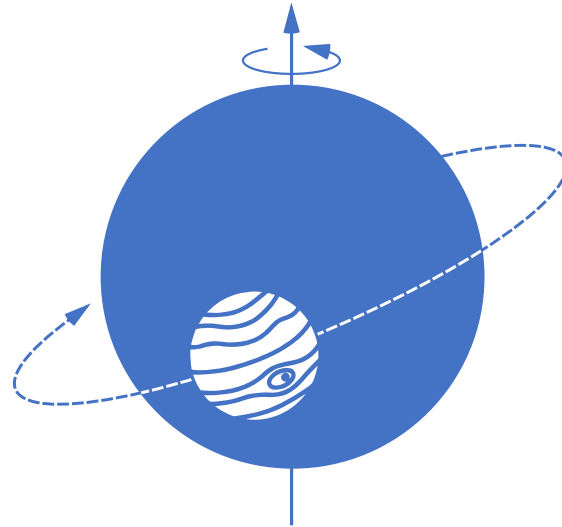
$$\epsilon = \frac{a}{A} \ll 1 \quad \mathcal{L} = \mathcal{L}_{binary} + \mathcal{R} \quad \mathcal{R} \sim \mathcal{O}(\epsilon)$$



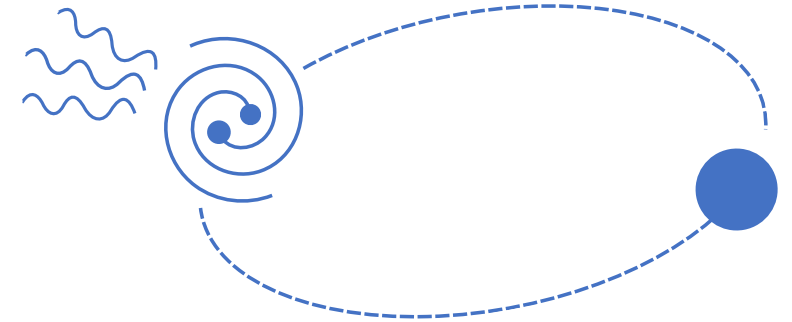
Hierarchical triples in real life



Planetary satellites



Exoplanets



Compact binaries

Secular dynamics

Old and new surprises:

Eccentricity/inclination oscillations

Lidov 1961 Kozai 1962;

Orbital flips

Naoz et al 2013;

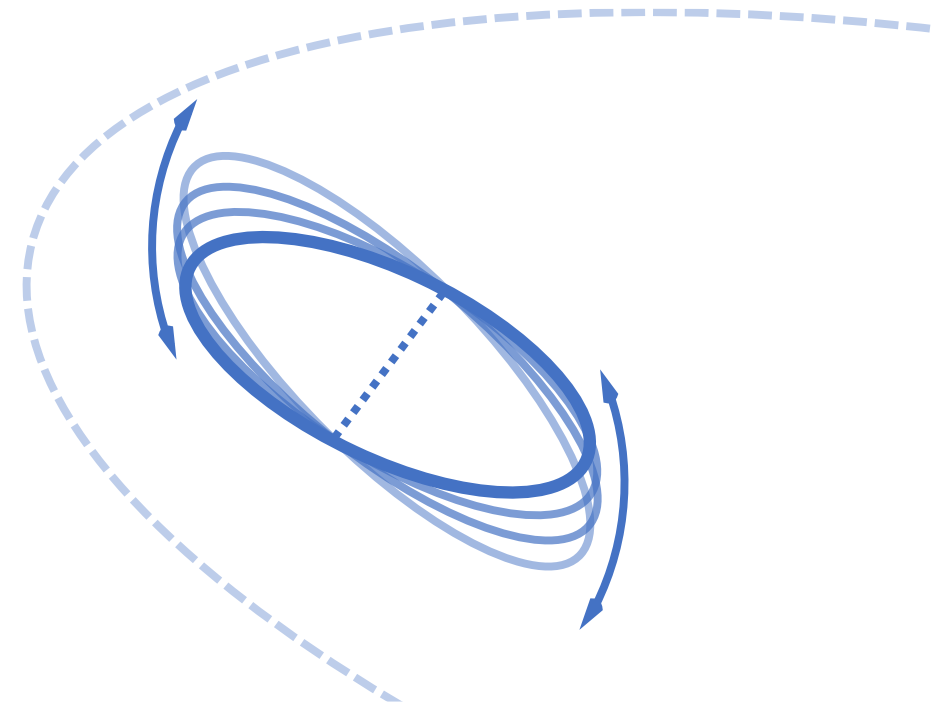
Nonlinearities

Lim et al 2016; Will 2020;

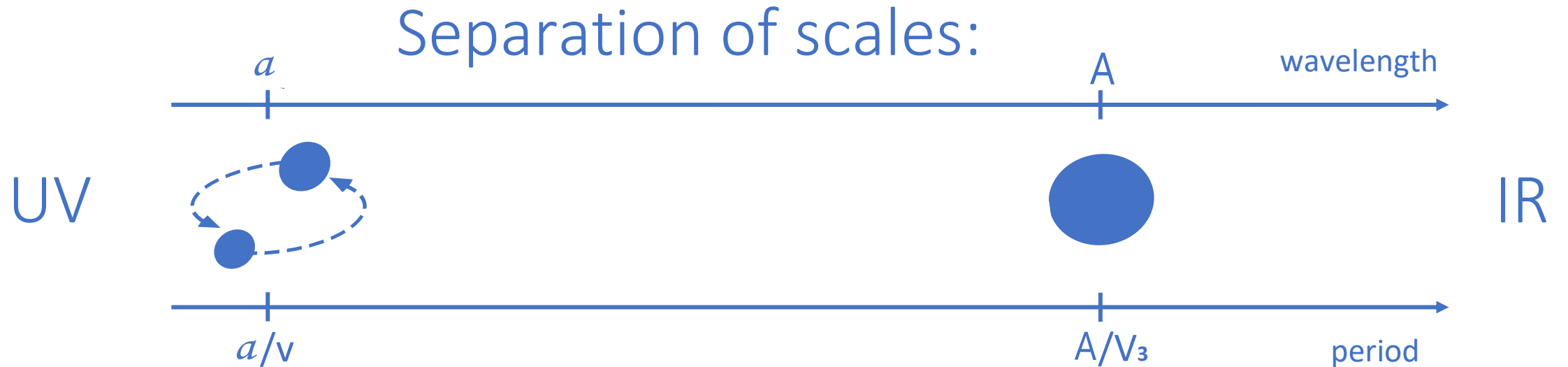
Relativistic corrections

Naoz et al 2012; Will 2014;

Can we get to a more
systematic understanding?



Perturbations in Effective Field Theory



$$e^{iS_{eff}[\phi_{IR}]} = \int \mathcal{D}[\phi_{UV}] e^{iS[\phi_{IR}, \phi_{UV}]} \quad \phi(t) = \sum_{\omega < \Lambda} \phi_{\omega} e^{i\omega t} + \sum_{\omega > \Lambda} \phi_{\omega} e^{i\omega t} = \phi_{IR}(t) + \phi_{UV}(t)$$

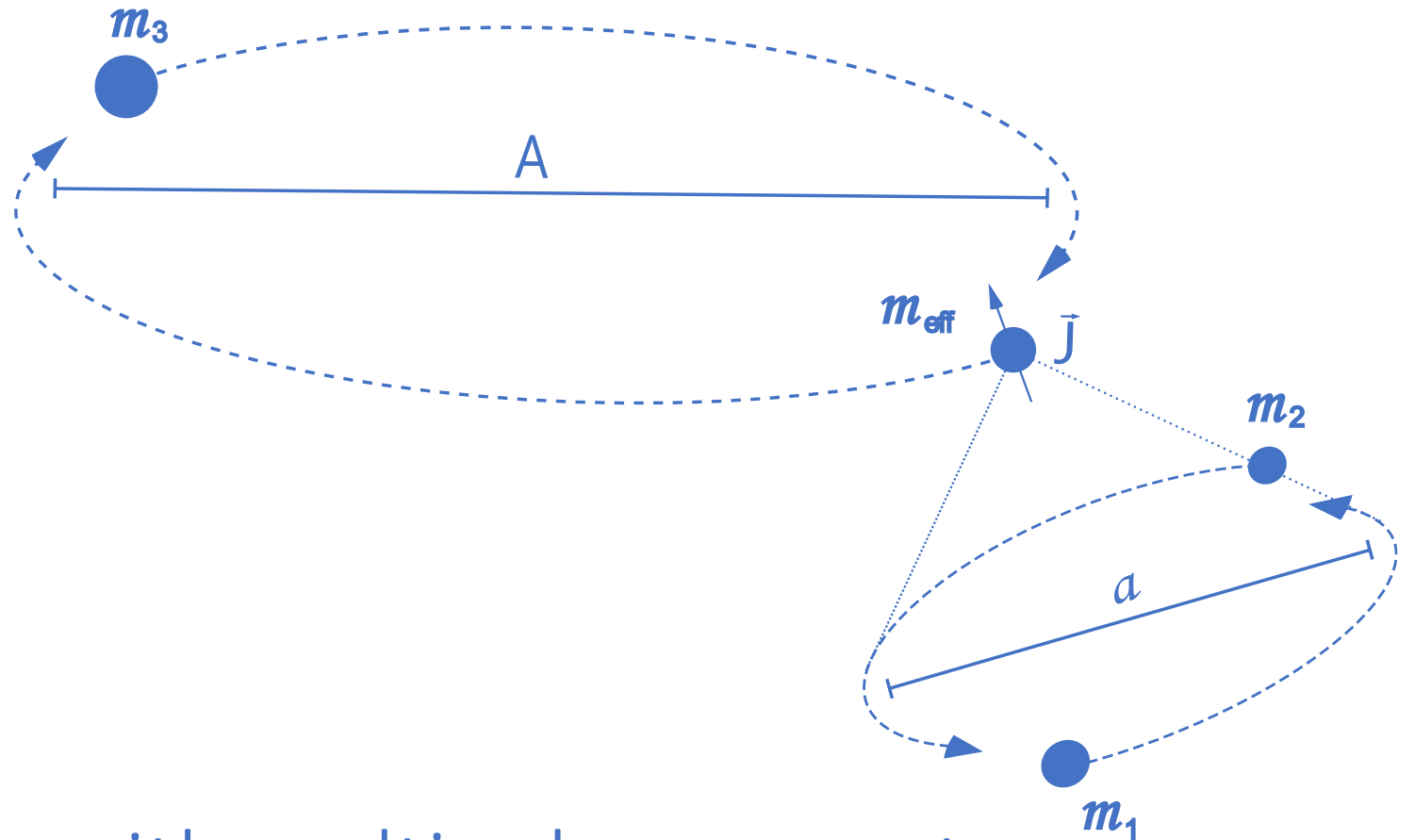
EFT as a tool in General Relativity: Goldberger, Rothstein 2005

From three bodies to two bodies

Integrating out short scale modes of inner binary:

- Graviton modes
- Orbital modes

Result:
composite particle with multipole moments



Worldlines minimally coupled to gravity:

$$S = \frac{M_{pl}^2}{2} \int d^4x \sqrt{-g} R - \sum_{A=1}^3 m_A \int dt \sqrt{-g_{\mu\nu} v_A^\mu v_A^\nu} + S_{GF}$$

1PN approximation: $\frac{G_N m}{a} \sim v^2 \ll 1$

Integrate out graviton potential modes of the inner orbit:

$$g_{\mu\nu} = \tilde{g}_{\mu\nu} + H_{\mu\nu}$$

$$\mathcal{L}_{1PN}^{interaction} = -m_1 \tilde{\phi}(\mathbf{x}_1) \left(1 + \frac{3}{2} v_1^2 \right) - \frac{m_1}{2} \tilde{\phi}(\mathbf{x}_1)^2 + m_1 \tilde{\mathbf{A}}(\mathbf{x}_1) \cdot \mathbf{v}_1 + \frac{G_N m_1 m_2}{r} \tilde{\phi}(\mathbf{x}_1) + (1 \leftrightarrow 2)$$

The inner binary as a composite particle

Multipole expansion: $\tilde{\phi}(\mathbf{x}_1) = \tilde{\phi} + (x_1 - X_{\text{CM}})^i \partial_i \tilde{\phi} + \frac{1}{2} (x_1 - X_{\text{CM}})^i (x_1 - X_{\text{CM}})^j \partial_i \partial_j \tilde{\phi} + \dots$

Integrate out orbital modes beyond $\omega \sim v/a \longleftrightarrow$ Average

Monopole: $\langle \mathcal{L}_{\text{monopole}} \rangle = \mathcal{L}_{\text{precession}} - m_{\text{eff}} \sqrt{-\tilde{g}_{\mu\nu} V_{\text{CM}}^\mu V_{\text{CM}}^\nu} \quad m_{\text{eff}} = m - \frac{G_N m \mu}{2a}$

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Dipole: $\langle \mathcal{L}_{\text{dipole}} \rangle + \dots = \frac{1}{2} J_{\mu\nu} \Omega^{\mu\nu} = \mathbf{J} \cdot \boldsymbol{\Omega} + \frac{1}{2} J_{ij} A_{\text{CM}}^i V_{\text{CM}}^j + \frac{1}{2} J_{ij} (2V_{\text{CM}}^i \partial^j \tilde{\phi} + \partial^i \tilde{A}^j)$ $J = \mu \sqrt{G_N m a (1 - e^2)}$

The inner binary as a composite particle

Multipole expansion: $\tilde{\phi}(\mathbf{x}_1) = \tilde{\phi} + (x_1 - X_{\text{CM}})^i \partial_i \tilde{\phi} + \frac{1}{2} (x_1 - X_{\text{CM}})^i (x_1 - X_{\text{CM}})^j \partial_i \partial_j \tilde{\phi} + \dots$

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Quadrupole: $S_{\text{quadrupole}} = \int d\tau Q_E^{ij} E_{ij} - \int d\tau Q_B^{ij} B_{ij}$ $Q_{E/B}^{ij} = ?$

Secular dynamics at 1PN

Integrate out graviton potential modes of the outer orbit;

Average orbital modes $\omega \sim V_3/A$

1PN spin-orbit coupling:

$$\langle \mathcal{L}_{v^2 \varepsilon^{3/2}} \rangle = -\frac{4m + 3m_3}{2m} \frac{G_N}{A^3 (1 - E^2)^{3/2}} \mathbf{J} \cdot \mathbf{J}_3$$

$$\frac{d\mathbf{J}}{dt} = \Omega_{\text{prec}} \mathbf{J}_3 \times \mathbf{J}$$

Conclusions

- ③ EFT can provide a systematic description of hierarchical triples
- ③ Next: quadrupole and more on the composite point-particle



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thank
you
