

GRAVITATIONAL ATOMS AND BLACK HOLE BINARIES

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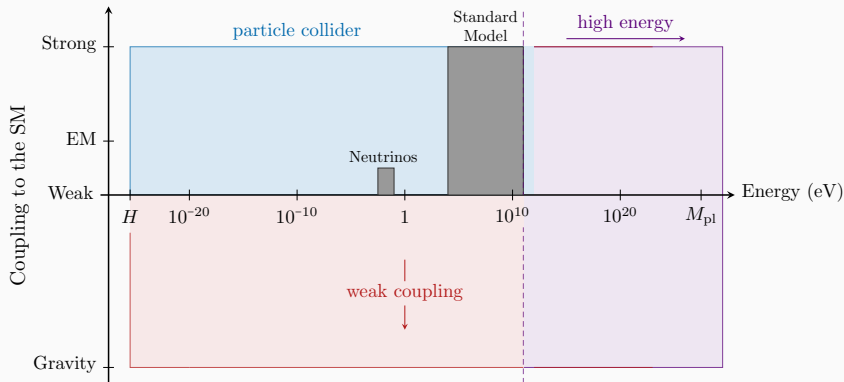
May 26, 2025

A series of papers from Amsterdam:

- 1804.03208 “Probing ultralight bosons with binary black holes” (PRD)
- 1908.10370 “The Spectra of Gravitational Atoms” (JCAP)
- 1912.04932 “Gravitational collider physics” (PRD)
- 2112.14777 “Ionization of gravitational atoms” (PRD)
- 2206.01212 “Sharp signals of boson clouds in black hole binary inspirals” (PRL)
- 2305.15460 “Dynamical friction in gravitational atoms” (JCAP)
- 2403.03147 “Resonant history of gravitational atoms in black hole binaries” (PRD)
- 2407.12908 “Legacy of boson clouds on black hole binaries” (PRL)

Authors: D. Baumann, H.S. Chia, R. Porto, J. Stout, L. Ter Haar,
G.M.T., G. Bertone, J. Stout, T. Spieksma

MOTIVATION



How do we explore the **weak coupling** frontier?

MOTIVATION

Solutions to many BSM puzzles involve **ultralight bosons**.

- **Strong CP.** Why is θ_{QCD} so small?

[Peccei and Quinn '77; Wilczek '78; Weinberg '78; Kim '79; Zhitnitsky '80; Shifman, Vainshtein, Zakharov '80; Dine, Fischler, Srednicki '81]

- **Dark Matter.** What comprises 85% of matter in our universe?

[Preskill, Wise, Wilczek '83; Abbott and Sikivie '83; Dine and Fischler '83; Hu, Barkana, Gruzinov, '00]

- **String Axiverse.** Bosons from string compactifications?

[Arvanitaki, Dimopoulos, Dubovsky, Kaloper, March-Russell '09; Demirtas, Long, McAllister, Stillman '18]

- **Hierarchy Problems.** Why is the weak force so strong?

[Graham, Kaplan, Rajendran '15, '19; Hook '18; Arkani-Hamed, Cohen, et. al. '17; D'Agnolo and Teresi '21]

Weakly coupled fields, often with **no abundance** in the universe.

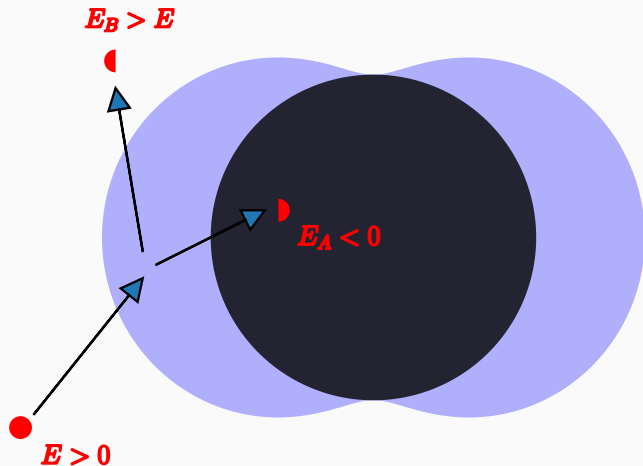
ROTATING BLACK HOLES

Event horizon surrounded by the **ergosphere**:

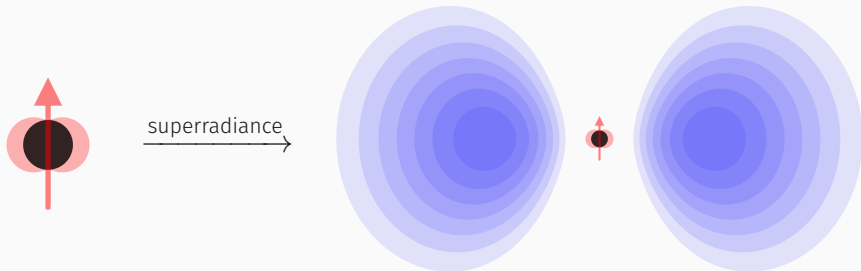
$$g_{00} > 0 \implies \text{negative energy}$$



PENROSE PROCESS: STEALING ENERGY FROM ROTATING BLACK HOLES



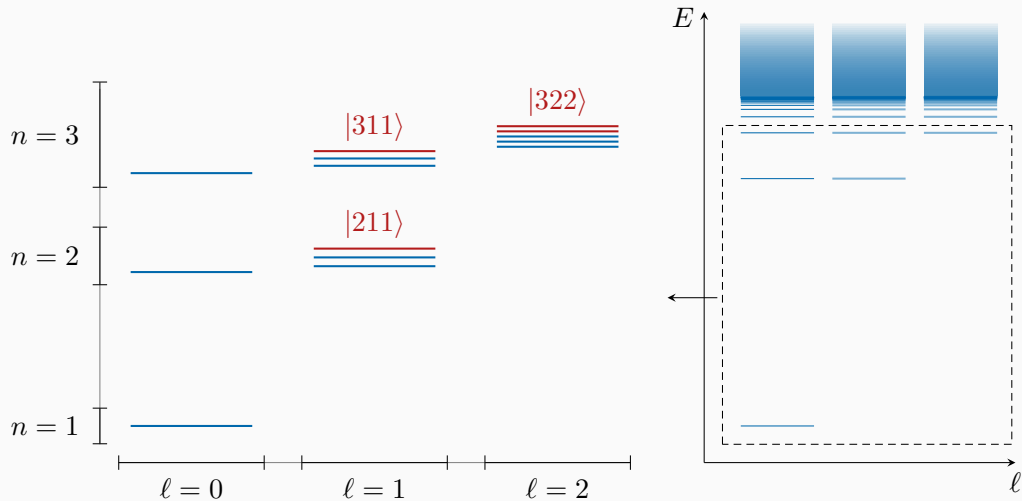
SUPERRADIANCE: THE GRAVITATIONAL ATOM



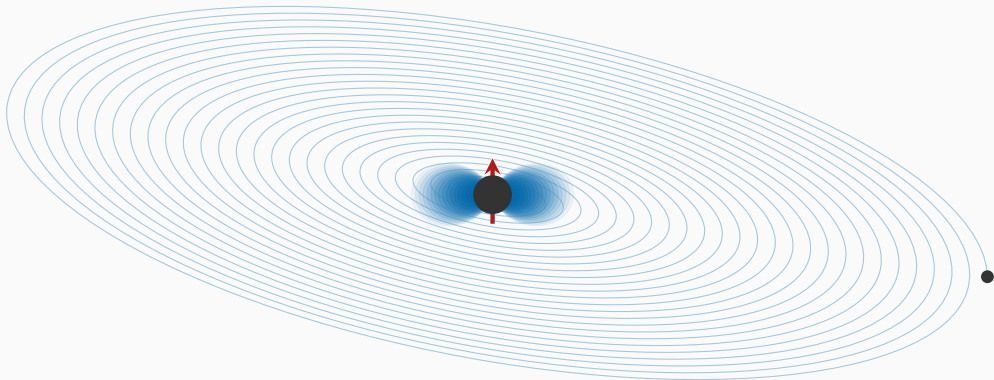
$$(\square - \mu^2)\Phi = 0 \quad \longrightarrow \quad i\frac{d\psi}{dt} \approx \left(-\frac{1}{2\mu}\nabla^2 - \frac{\alpha}{r} + \dots\right)\psi$$

Gravitational fine structure constant: $\alpha \approx \frac{\mu}{10^{-10} \text{ eV}} \frac{M}{1M_{\odot}} \sim \mathcal{O}(0.1)$.

THE SPECTRUM

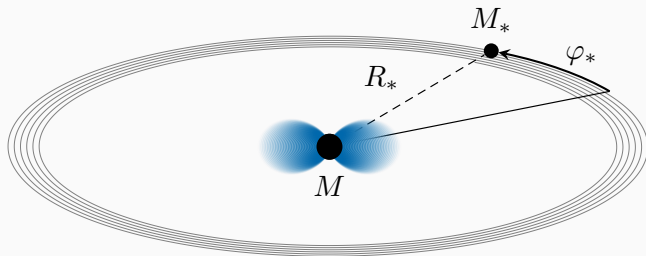


How does a cloud affect a **binary inspiral**?



The binary can induce transitions between bound states (“resonances”) and excite unbound states (“ionization”)...

Newtonian perturbation with slowly increasing frequency:

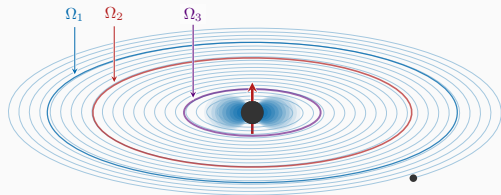
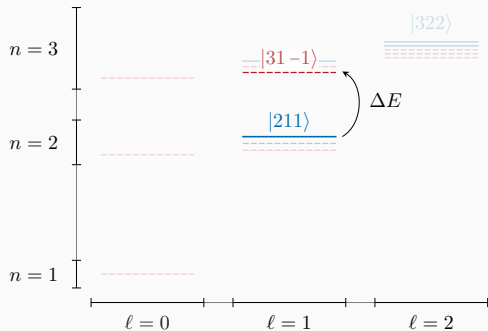


$$i\frac{d\psi}{dt} = \left(-\frac{1}{2\mu}\nabla^2 - \frac{\alpha}{r} + \underbrace{V_*(R_*, \varphi_*)}_{\text{perturbation}} \right) \psi$$

Level mixing:

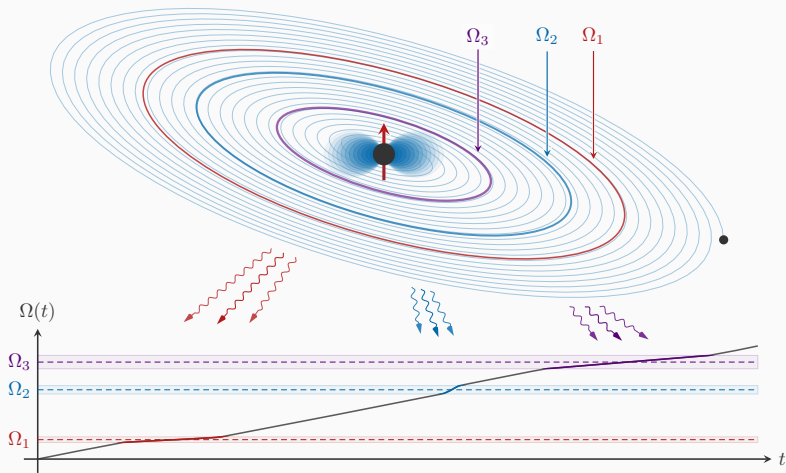
$$\langle a | V_*(t) | b \rangle = \sum_g \eta^{(g)} e^{-ig\Omega t}$$

RESONANCES



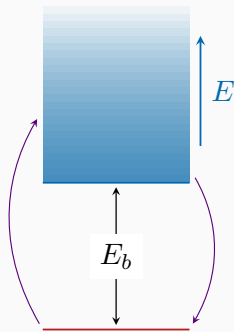
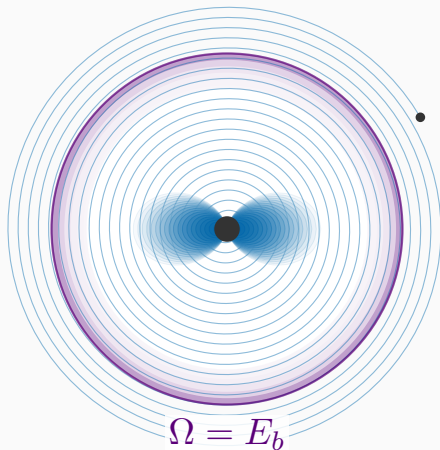
Resonance frequency:
$$\Omega_r = \left| \frac{\Delta E}{\Delta m} \right| \sim 10 \text{ mHz} \left(\frac{10^4 M_\odot}{M} \right) \left(\frac{\alpha}{0.2} \right)^3$$

FLOATING AND SINKING RESONANCES

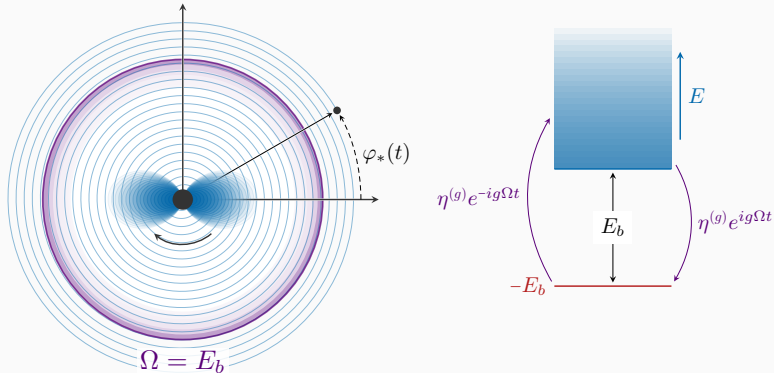


IONIZATION

Orbital frequency above **threshold** to excite **transitions to unbound states**



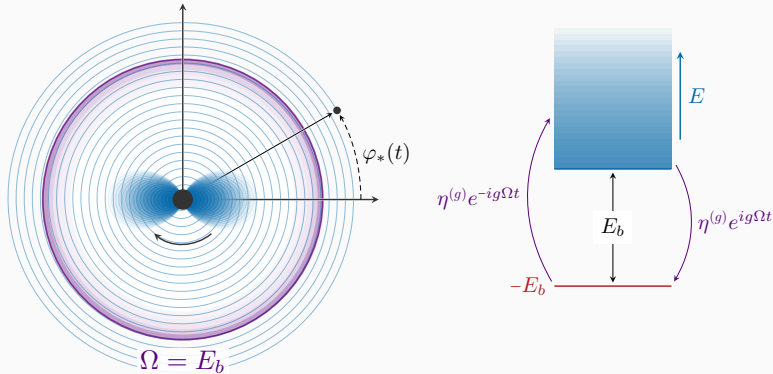
FERMI'S GOLDEN RULE



The transition rate (per unit energy) is given by Fermi's Golden Rule:

$$d\Gamma = dE \underbrace{|\eta^{(g)}|^2}_{\text{Level mixing}} \underbrace{\delta(E - E_b - g\Omega)}_{E - E_*^{(m)}}$$

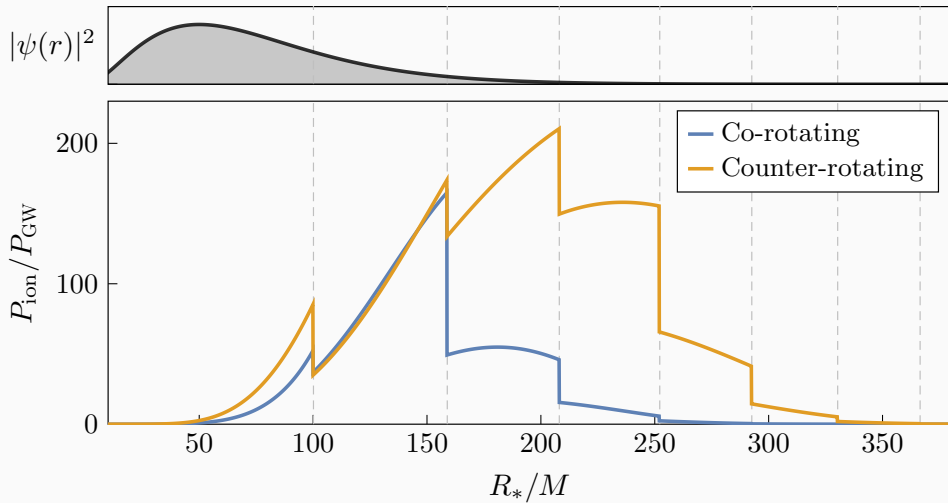
IONIZATION POWER

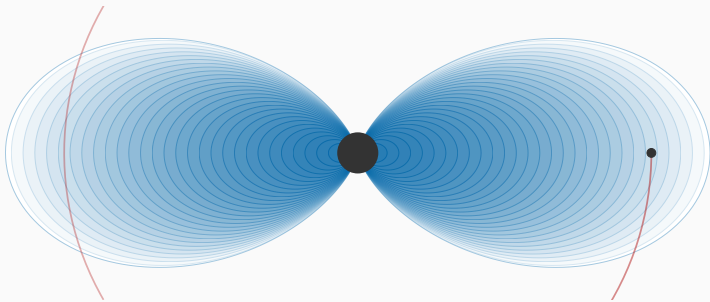


Summing over all bound states gives the total **ionization power**:

$$P_{\text{ion}} = \frac{M_c}{\mu} \sum_{\ell, m} g \Omega |\eta^{(g)}|^2 \Theta(E_*^{(m)})$$

IONIZATION POWER





Ionization or **dynamical friction**?

$$P_{\text{DF}} = \frac{4\pi M_*^2 \rho}{v} \log(v\mu b_{\text{max}})$$

THE RESONANT HISTORY

Bohr resonances and **ionization**: observable when $R_* \sim 10^2 M$.

But **fine** and **hyperfine** resonances happen earlier ($\gtrsim 10^3 M$)!

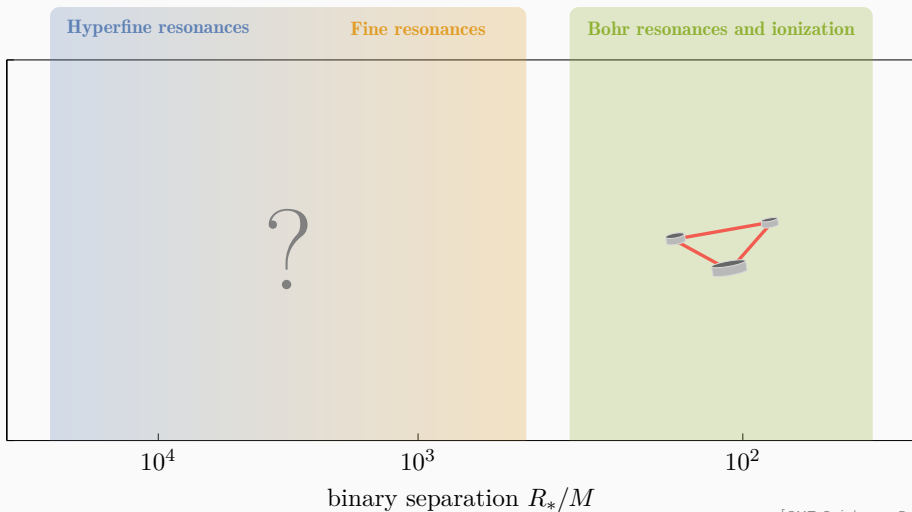
So, when $R_* \sim 10^2 M$...

- ...what is the state of the cloud?

- ...what is the binary configuration?

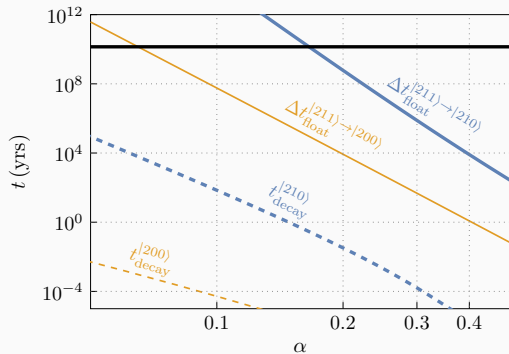
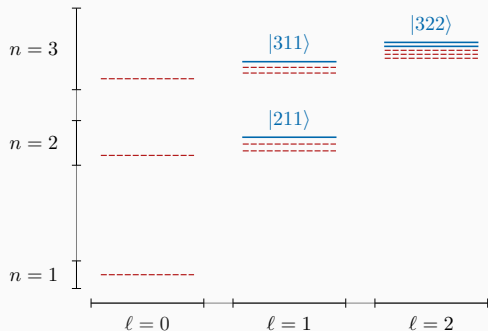
- ...is the cloud still there?

THE RESONANT HISTORY



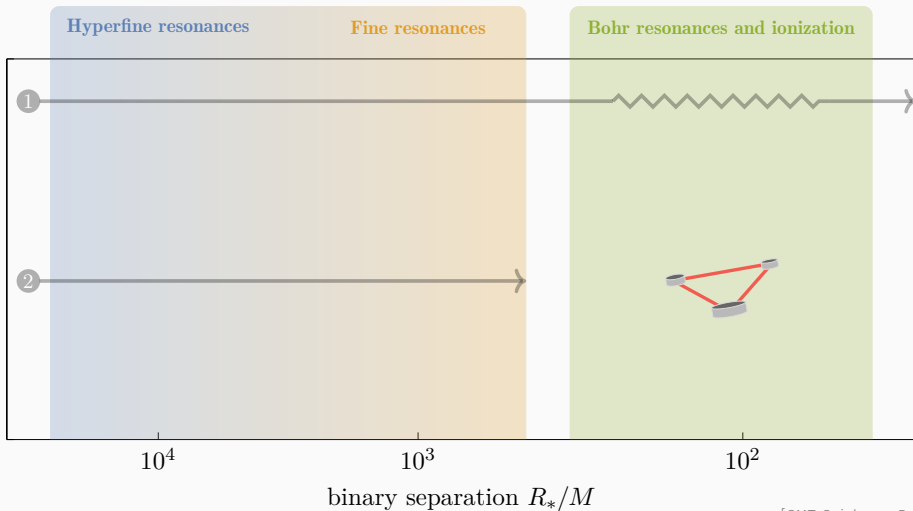
TIMESCALES

All **fine** and **hyperfine** resonances are **floating** and **decaying**.



$\Delta t_{float} \gg t_{decay} \implies$ No state change, only **destruction** or **survival**.

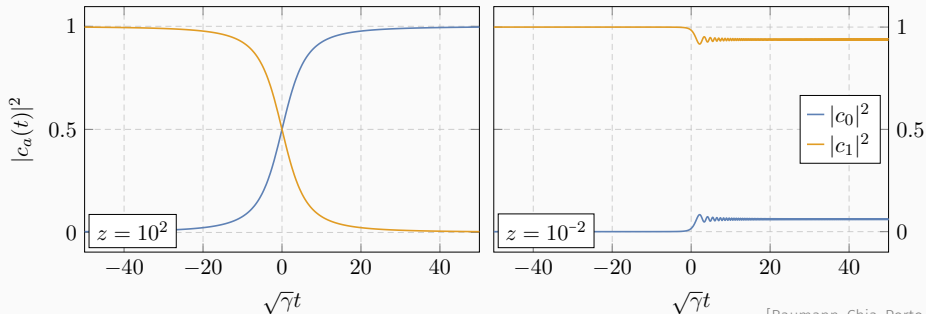
THE RESONANT HISTORY



“LINEAR” LANDAU-ZENER TRANSITIONS

$$\mathcal{H} = \begin{pmatrix} E_1 & \eta e^{i\varphi(t)} \\ \eta^* e^{-i\varphi(t)} & E_2 \end{pmatrix} \xrightarrow{\dot{\Omega}=\text{const}} \mathcal{H}_D = \begin{pmatrix} \tau/2 & \sqrt{Z} \\ \sqrt{Z} & -\tau/2 \end{pmatrix}$$

Landau-Zener transition with parameter $Z \equiv \eta^2/\dot{\Omega}$. Final population: $e^{-2\pi Z}$.



“NONLINEAR” LANDAU-ZENER TRANSITIONS

Landau-Zener transitions assume $\dot{\Omega} = \dot{\Omega}_{\text{GW}}$.

In reality, there is **backreaction**:

$$\frac{d}{dt}(E_{\text{binary}} + E_{\text{cloud}}) = P_{\text{GW}}$$

$$\frac{d}{dt}(L_{\text{binary}} + L_{\text{cloud}}) = \tau_{\text{GW}}$$

“NONLINEAR” LANDAU-ZENER TRANSITIONS

Taking into account the **backreaction** (cloud + binary energy conserv.):

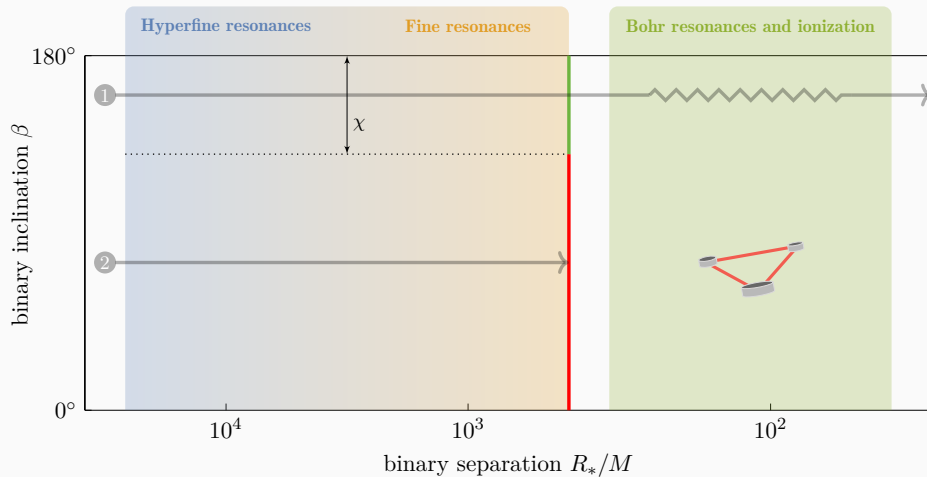
$$\mathcal{H}_D = \begin{pmatrix} \omega/2 & \sqrt{Z} \\ \sqrt{Z} & -\omega/2 \end{pmatrix}, \quad \omega = \tau - \underset{\substack{\uparrow \\ \text{backreaction param.}}}{B} |\psi_{\text{final state}}|^2$$

Very **complicated** phenomenology!

Resonances can “start” and “break”... But in a few words:

- **weak** resonances when binary and cloud are approx. **counter-rotating**;
- **strong** resonances otherwise.

THE RESONANT HISTORY



TWO OUTCOMES

The cloud survives...

→ **Direct signatures** via **ionization** and **Bohr sinking resonances!**

- Initial state unchanged ($|211\rangle$, $|322\rangle$, ...)
- Near-counter rotating ($\beta \approx \pi$).

Otherwise, the cloud is destroyed...

TWO OUTCOMES

The cloud survives...

→ **Direct signatures** via **ionization** and **Bohr sinking resonances!**

- Initial state unchanged ($|211\rangle$, $|322\rangle$, ...)
- Near-counter rotating ($\beta \approx \pi$).

Otherwise, the cloud is destroyed...

→ but it still leaves a “mark” on the binary: **indirect signatures!**

See Thomas' talk for more!

SUMMARY

- Direct signatures:
 - **Resonances** give peculiar GWs features and set the cloud's state.
 - **Ionization** dominates dynamics and has sharp features.
- **Resonant history** determines the observed configuration:
 - possible states: $|211\rangle$, $|322\rangle$, ...
 - near-counter-rotating inclination $\beta \approx \pi$.
- The cloud can be **destroyed**, leaving **indirect signatures** on vacuum binary.