Summer Institute 2025

Leptogenesis from a Phase Transition in a Dynamical Vacuum

Dipendu Bhandari

Indian Institute of Technology Guwahati

Based on:

PHYSICAL REVIEW D 110, 115008 (2024)

In collaboration with:

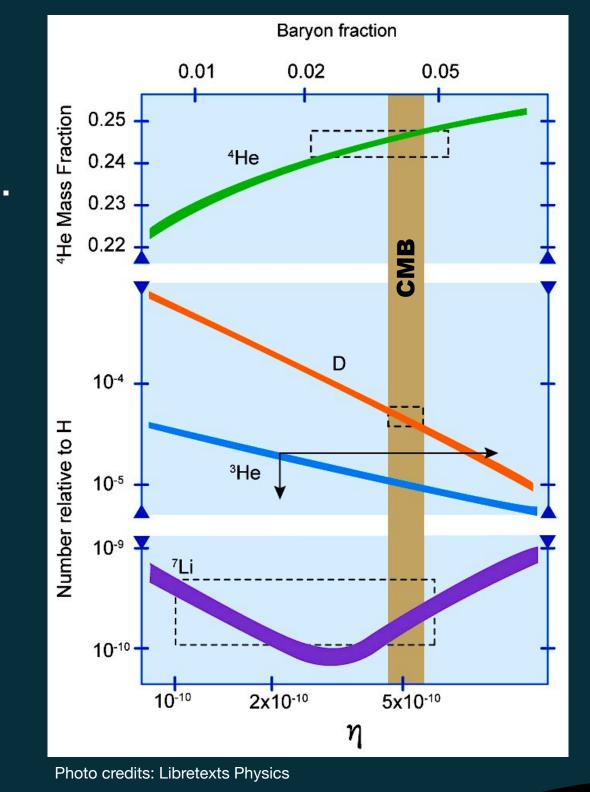
Dr. Arghyajit Datta & Prof. Arunansu Sil



· Our un

- Our universe is matter dominated universe.
 - This asymmetry is defined as:

$$\eta_B = rac{n_B - n_{ar{B}}}{s} ext{ or } \eta = rac{n_B - n_{ar{B}}}{n_{\gamma}}$$



Measurement of η from deuterium abundance (D/H):

$$\eta = (6.28 \pm 0.35) \times 10^{-10}$$

• From WMAP data:

$$\eta = (6.14 \pm 0.25) \times 10^{-10}$$

Need dynamical asymmetry generation

Sakharov's Conditions:

B violation

C & CP violation

Non-equilibrium

Sphaleron process

B+L violating & B-L conserving

CKM matrix element

amount is not sufficient

Need BSM sector

OW

One of promising mechanism is Thermal Leptogenesis.

Type-I seesaw Lagrangian $-\mathcal{L}_{\rm I} = \bar{\ell}_{L_{\alpha}}(Y_{\nu})_{\alpha i}\tilde{H}N_{i} + \frac{1}{2}\overline{N_{i}^{c}}M_{i}N_{i} + h.c.$

Solves smallness of neutrino mass problem

 \nearrow & Lepton number violating decay: $N_i \to \bar{\ell}_{L_\alpha} + H \longrightarrow B-L$ asymmetry \longrightarrow Sphaleron Process Baryon asymmetry

To satisfy the observed baryon asymmetry ($\mathcal{O}(10^{-10})$) \longrightarrow $M_1 > 10^9$ GeV (Davidson-Ibarra bound) [Phys. Lett. B 535, 25 (2002)]

To enhance the detection possibility, RHN mass should be lowered

A possible way out is Resonant Leptogenesis

→

RHN mass can be lowered at TeV scale while satisfying the observed correct baryon asymmetry

But

For, $M_1 < T_{EW}$ (100 GeV) creates a problem ———

Sphaleron processess decouple below T_{EW}

B-L asymmetry can not be converted to Baryon asymmetry through Sphaleron

What is the way out now?

Leptogenesis using a dynamical vacuum

 $U(1)_{B-L}$ symmetric term ϕ is a BSM

singlet scalar

RHN mass can be generated through the coupling :
$$\frac{1}{2} \alpha_i \phi \overline{N_i^c} N_i$$

A $U(1)_{B-L}$ symmetry breaking phase transition occurs at $T_* \longrightarrow \phi$ acquires a $vev \longrightarrow RHNs$ become massive

We construct a toy model of the potential so that the vev of ϕ (v_{ϕ}) evolves dynamically over a period of time with temperature and settles down to a constant value at zero temperature.

The vev structure of the ϕ field can be parametrised as:

$$v_{\phi}(T) \simeq \begin{cases} 0 & ; \quad T > T_* \\ AT^2 & ; \quad T_{\rm c} < T \leq T_* \\ AT^2 + B\,v^2(T) & ; \quad T \leq T_{\rm c} \end{cases} \qquad \text{8.} \qquad \text{Higgs vev: $v(T) = $\sqrt{(\mu^2 - c_h T^2)/\lambda}$}$$

Due to an effective $\phi H^\dagger H$ coupling, the term $Bv^2(T)$ is activated below T_c (EWSB temperature) which helps to settle down v_ϕ to a constant value at zero temperature

Toy model of Potential & Phase Transition details

The Tree-level of potential:

$$V_0(H,\phi,S,\eta) \supset -\mu^2 H^{\dagger} H + \lambda (H^{\dagger} H)^2 + m_{\phi}^2 |\phi|^2 + (A_1 \phi S H^{\dagger} H + A_2 \phi S \eta^2 + \text{ h.c.})$$

Here, the singlet scalar field ϕ and S have opposite $U(1)_{B-L}$ charge. The singlet scalar field η has no $U(1)_{B-L}$ charge.

The Finite temperature one-loop potential:

$$V_{T}(h,\phi,S,\eta;T) \supset \frac{T^{4}}{2\pi^{2}}J_{B}\left(\frac{m_{h}^{2}(h,\phi,S,T)}{T^{2}}\right) + \frac{3T^{4}}{2\pi^{2}}J_{B}\left(\frac{m_{\chi}^{2}(h,\phi,S,T)}{T^{2}}\right) + \sum_{i}g_{i}\frac{T^{4}}{2\pi^{2}}J_{B,F}\left(\frac{m_{i}^{2}(h,T)}{T^{2}}\right) + \frac{T^{4}}{2\pi^{2}}J_{B}\left(\frac{m_{\eta}^{2}(\phi,S,T)}{T^{2}}\right)$$

Where
$$J_{B,F}(z^2) = \int_0^\infty dx \, x^2 \ln[1 \mp exp(-\sqrt{x^2 + z^2})]$$
 is the thermal function for bosons and fermions.

 $m_i(g_i)$ denotes the field-dependent masses (degrees of freedom) for particles $i = [W_{T,L}, Z_{T,L}, A_L; t]$

In our setup, the S field obtains a vev at temperature T_* so as to express as: $\langle S \rangle = v_s = \begin{cases} 0 & \text{for } T > T_* \\ v_1 & \text{for } T < T_* \end{cases}$

$$\langle S \rangle = v_s = \begin{cases} 0 & \text{for } T > T_s \\ v_1 & \text{for } T \le T_s \end{cases}$$

While the η field does not get vev.

The Higgs
$$vev$$
 structure is : $\langle h \rangle \equiv v(T) = \begin{cases} 0 & \text{for} \quad T > T_c \\ \sqrt{\frac{\mu^2 - c_h T^2}{\lambda}} & \text{for} \quad T \leq T_c \end{cases}$ where
$$c_h = \left(\frac{\lambda}{2} + \frac{3}{16}g_w^2 + \frac{1}{16}g_y^2 + \frac{y_t^2}{4}\right)$$

By suitable choice of parameters A_1 and v_s , we can make $|A_1|v_\phi(T)v_s\ll \mu^2$ so as the Higgs vacuum remains unaffected.

The vev structure of the ϕ field can be written as:

$$\begin{split} |\left<\phi\right>| &\equiv v_{\phi}(T) \\ &= -\frac{v_s}{m_{\phi}^2} \left[\frac{A_1 T^2}{2\pi^2} \left\{ J_B' \left(\frac{m_h^2(h,\phi,S,T)}{T^2} \right) + 3J_B' \left(\frac{m_\chi^2(h,\phi,S,T)}{T^2} \right) \right\} + \frac{A_2 T^2}{\pi^2} J_B' \left(\frac{m_\eta^2(\phi,S,T)}{T^2} \right) + \frac{A_1}{2} v^2(T) \right] \\ &= AT^2 + B \, v^2(T) \end{split}$$

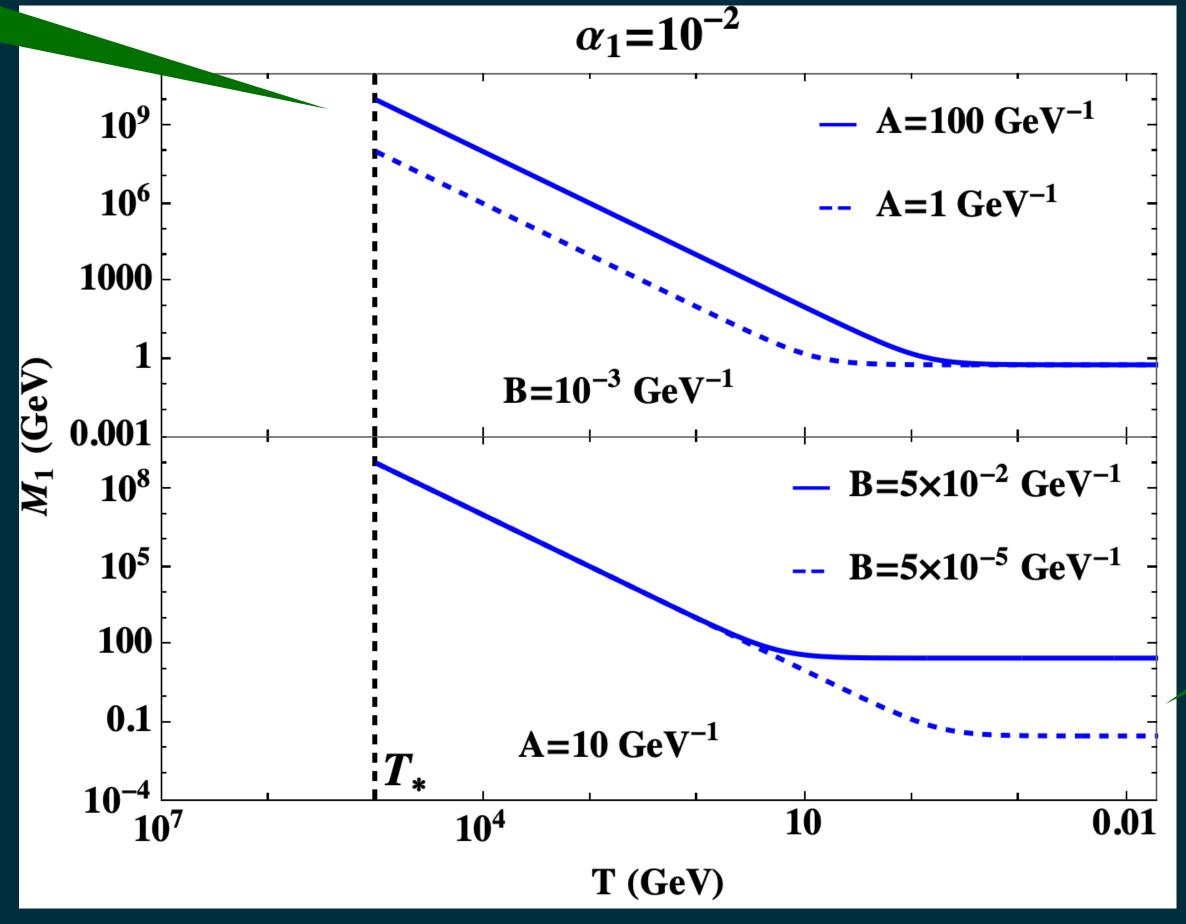
$$A = -\frac{v_s}{m_{\phi}^2} \left[\frac{A_1}{2\pi^2} \left\{ J_B' \left(\frac{m_h^2(h,\phi,S,T)}{T^2} \right) + 3J_B' \left(\frac{m_{\chi}^2(h,\phi,S,T)}{T^2} \right) \right\} + \frac{A_2}{\pi^2} J_B' \left(\frac{m_{\eta}^2(\phi,S,T)}{T^2} \right) \right]; \qquad B = -\frac{A_1 v_s}{2m_{\phi}^2}$$

RHN mass evolves dynamically with temperature and can be written as:

$$M_{i}(T) = \alpha_{i} v_{\phi}(T) = \begin{cases} 0 & ; & T > T_{*} \\ \alpha_{i} A T^{2} & ; & T_{c} < T \le T_{*} \\ \alpha_{i} (A T^{2} + B v^{2}(T)) & ; & T \le T_{c} \end{cases}$$

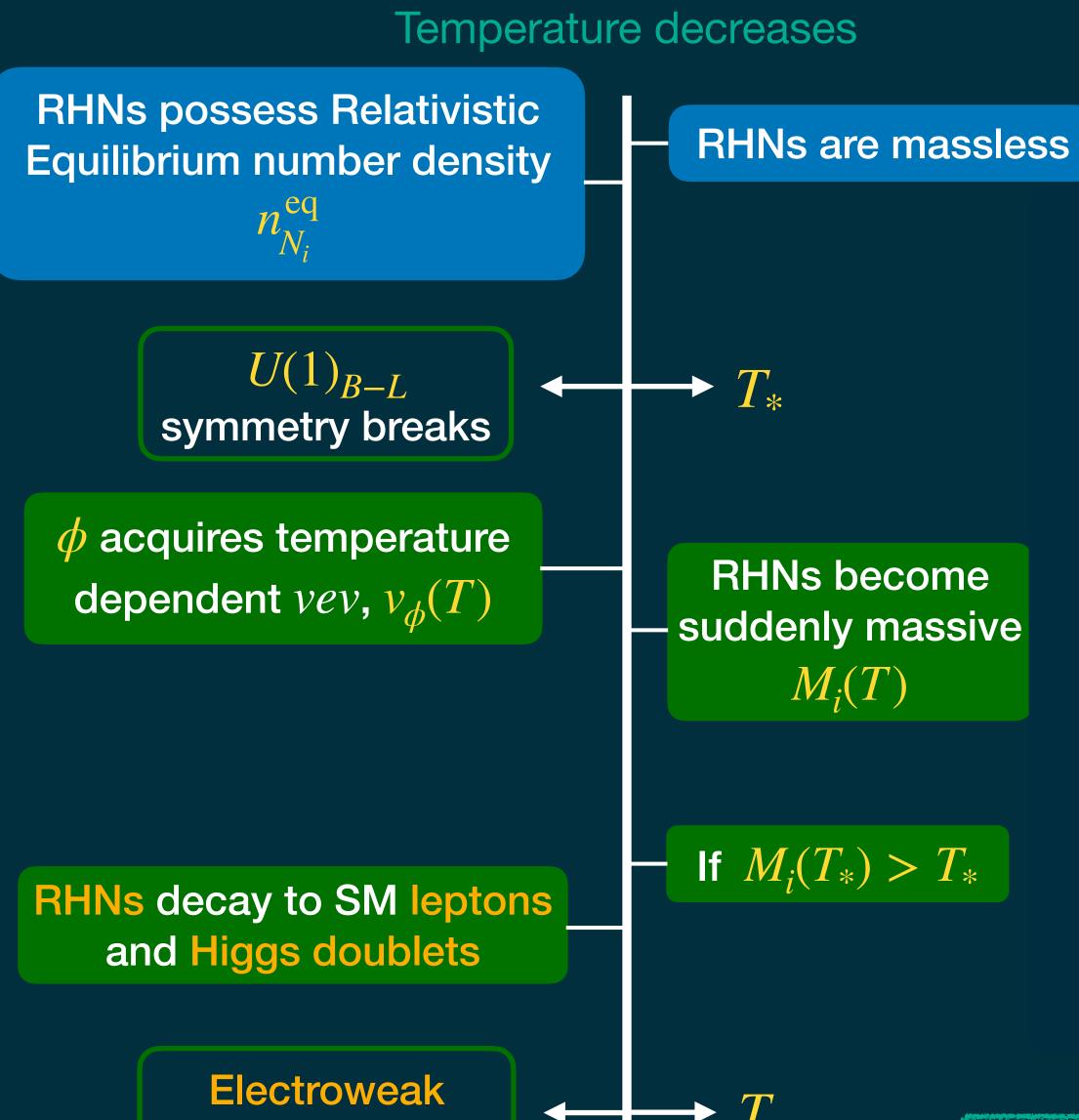
A, B and T_* are three independent parameters

At T_* , RHN mass depends on the parameter A



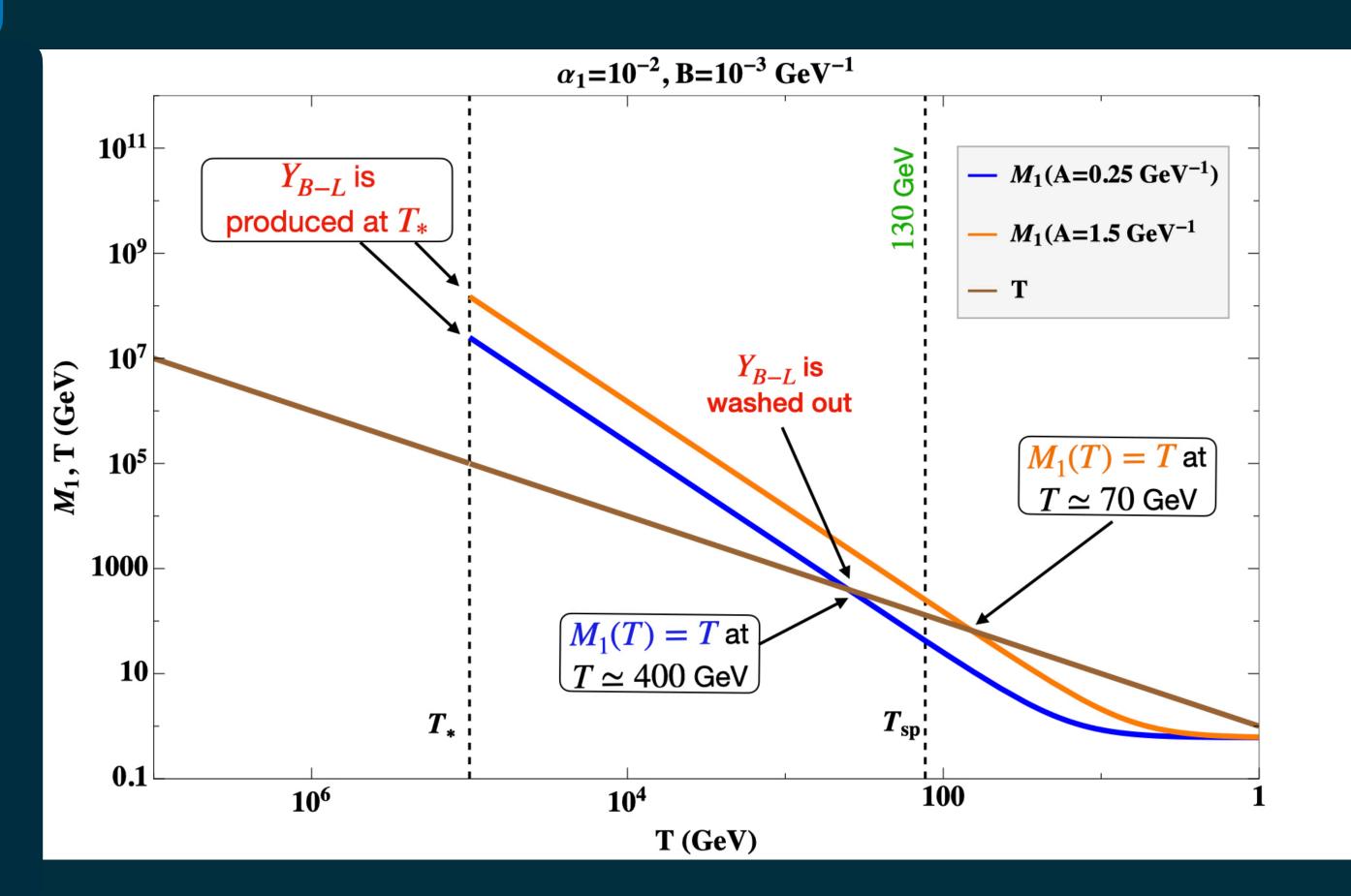
At zero temperature, RHN mass depends on the parameter $\ensuremath{\mathcal{B}}$

Case I: Leptogenesis with two hierarchical RHNs



symmetry breaks

Depending on A values, the Y_{B-L} is completely washed out, resulting zero baryon asymmetry



 T_c

$$M_i(T_{sp}) = \alpha_i A_{min} T_{sp}^2 = T_{sp}$$

We get the minimum value of A parameter

RHNs immediately decay to the SM leptons and Higgs contributing to ε_{l}^{i}

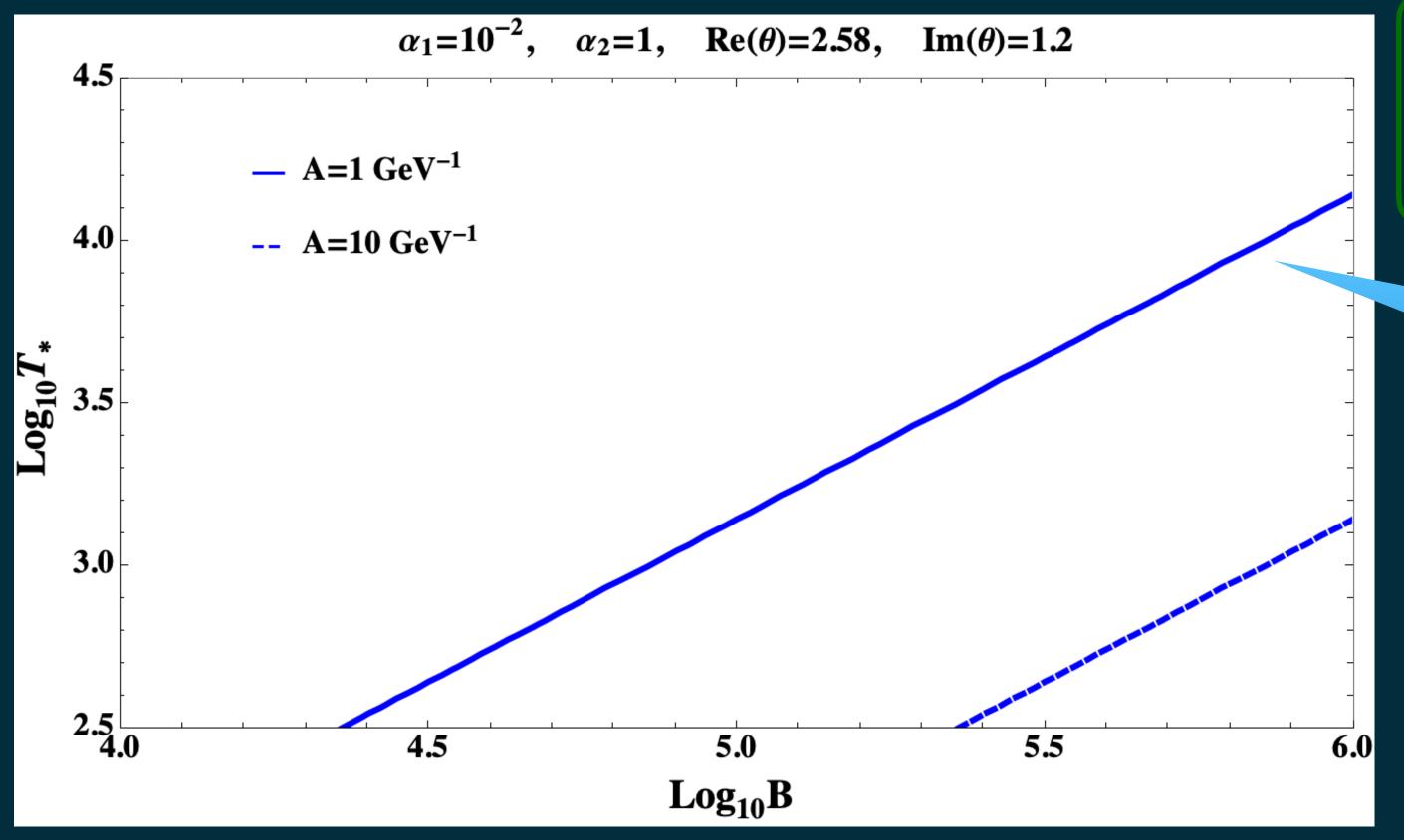
$$\varepsilon_{\ell}^{i} = \frac{1}{8\pi (Y_{\nu}^{\dagger}Y_{\nu})_{ii}} \sum_{j \neq i} \operatorname{Im} \left[(Y_{\nu}^{\dagger}Y_{\nu})_{ij}^{2} \right] \mathbf{F} \left[\frac{M_{j}^{2}(T)}{M_{i}^{2}(T)} \right]$$

$$\mathbf{F}[x] = \sqrt{x} \left[1 + \frac{1}{1-x} + (1+x) \ln\left(\frac{x}{1+x}\right) \right]$$

$$Y_{\nu}$$
 can be extracted using Casas-Ibarra parametrization: $Y_{\nu}=-irac{\sqrt{2}}{v}UD_{\sqrt{m}}\mathbf{R}D_{\sqrt{M^0}}$

[Nucl. Phys. B 618, 171 (2001)]

The CP asymmetry then results in Y_{B-L} asymmetry at T_* , and the sphaleron converts this Y_{B-L} into Y_B .



$$Y_B = \frac{28}{79} Y_{B-L} \simeq -\frac{28}{79} \sum_{i} \varepsilon_{\ell}^{i} \frac{n_{N_i}(T_*)}{s} = -\frac{28}{79} \frac{3}{4} \sum_{i} \varepsilon_{\ell}^{i} \frac{T_*}{M_i(T_*)}$$

[Phys. Rev. D 42, 3344 (1990)

The observed baryon asymmetry $(\mathcal{O}(10^{-10}))$ is produced in this case with the lightest zero temperature RHN mass of $M_1^0 \simeq \mathcal{O}(10^7)$ GeV

$$M_1^0 = \alpha_i B v^2$$

Case II: Leptogenesis with two quasi degenerate RHNs (Resonant Leptogenesis)

The mass splitting between the two RHNs at
$$T > T_{sp}$$
: $\Delta M(T) = \frac{1}{16} \text{Re} \left[(Y_{\nu}^{\dagger} Y_{\nu})_{21} \right] \frac{T^2}{M(T)} + \alpha_{21} A T^2$

Thermally induced Mass splitting

$$\alpha_{21} = \alpha_2 - \alpha_1$$

The dominant contribution to the CP asymmetry comes from the interference between the tree level amplitude and the one loop self energy correction, expressed as:

$$\varepsilon_{\ell}^{i} = \sum_{j \neq i} \frac{\operatorname{Im}(Y_{\nu}^{\dagger}Y_{\nu})_{ij}^{2}}{(Y_{\nu}^{\dagger}Y_{\nu})_{ii}(Y_{\nu}^{\dagger}Y_{\nu})_{jj}} \quad \frac{\left[M_{i}^{2}(T) - M_{j}^{2}(T)\right] M_{i}(T)\Gamma_{N_{j}}}{\left[M_{i}^{2}(T) - M_{j}^{2}(T)\right]^{2} + M_{i}^{2}(T)\Gamma_{N_{j}}^{2}}$$

[Phys. Rev. D 56, 5431 (1997), Nucl. Phys. B 692, 303 (2004)]

The resonant enhancement of the CP asymmetry $\sim \mathcal{O}(1)$ may occur at $T > T_{sp}$ if the resonant condition $\Delta M(T) = M_2(T) - M_1(T) \sim \Gamma_{N_1}(T)/2 \text{ is satisfied}$

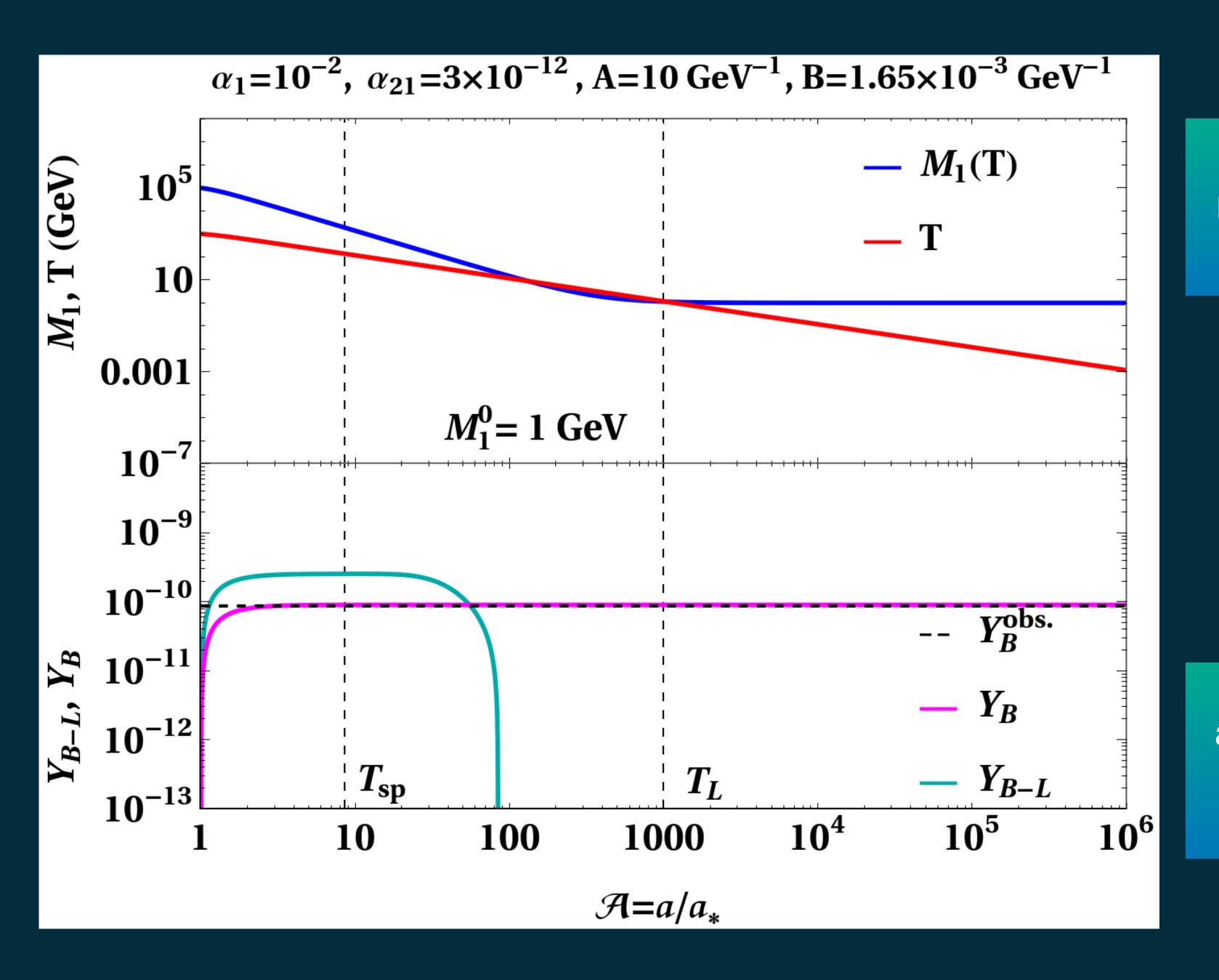
- For M_i^0 below the EW scale, a smaller value of B is required, though the condition $M_i(T_*) > T_*$ is easily satisfied with suitable value of A parameter and both RHNs decay at T_* .
- The required mass splitting at T_* can be obtained by appropriately choosing α_{21} while parameter A is so chosen not to have $M_i(T) < T$ above T_{sp} .
- Due to instant decay of RHNs at T_* , radiation density may increase and the B-L asymmetry can be diluted to some extent due to entropy injection.

Incorporating all such effects, we study the evolution of B-L asymmetry by solving the coupled Boltzmann equations which reads as:

$$\begin{split} \frac{dN_i}{d\mathcal{A}} &= -(N_i - N_i^{eq}) \frac{\mathcal{K}_i}{\mathcal{A}}, \text{ with } \mathcal{K}_i = \frac{\langle \Gamma_{N_i} \rangle}{\mathcal{H}} \\ \frac{dR}{d\mathcal{A}} &= \sum_{i=1}^2 \mathcal{K}_i \left[M_i^{\text{T}} (N_i - N_i^{eq}) \right] \\ \frac{dN_{B-L}}{d\mathcal{A}} &= -\sum_{i=1}^2 \frac{\mathcal{K}_i}{\mathcal{A}} \left[\varepsilon_{\ell}^i (N_i - N_i^{eq}) + \frac{n_{N_i}^{eq}}{2n_l^{eq}} N_{B-L} \right] \end{split}$$

Where,
$$\mathscr{A}=a/a_*$$
, $N_{i,(B-L)}=n_{N_i,(B-L)}$ \mathscr{A}^3 , $R=\rho_R$ \mathscr{A}^4
$$\langle \Gamma_{N_i} \rangle = \frac{K_1(\mathscr{A})}{K_2(\mathscr{A})} \Gamma_{N_i}$$

Hubble Parameter,
$$\mathcal{H} = \sqrt{\frac{\rho_R + \sum_i M_i(T) n_{N_i}}{3M_P^2}}$$



We plot the evolution of the RHN mass, the temperature, Y_{B-L} and Y_{R} with the scale factor.

We have showed that the observed amount of baryon asymmetry can be produced with the zero temperature RHN mass of $M_1^0=1$ GeV.

Late Leptogenesis & Helium Anomaly

Such amount of late lepton asymmetry may alter the primordial helium abundance (Y_P) as compared to the prediction of Standard BBN (Y_P^{BBN}).

$$Y_P \simeq Y_P^{\text{BBN}} e^{-0.96\xi_{\nu_e}}$$

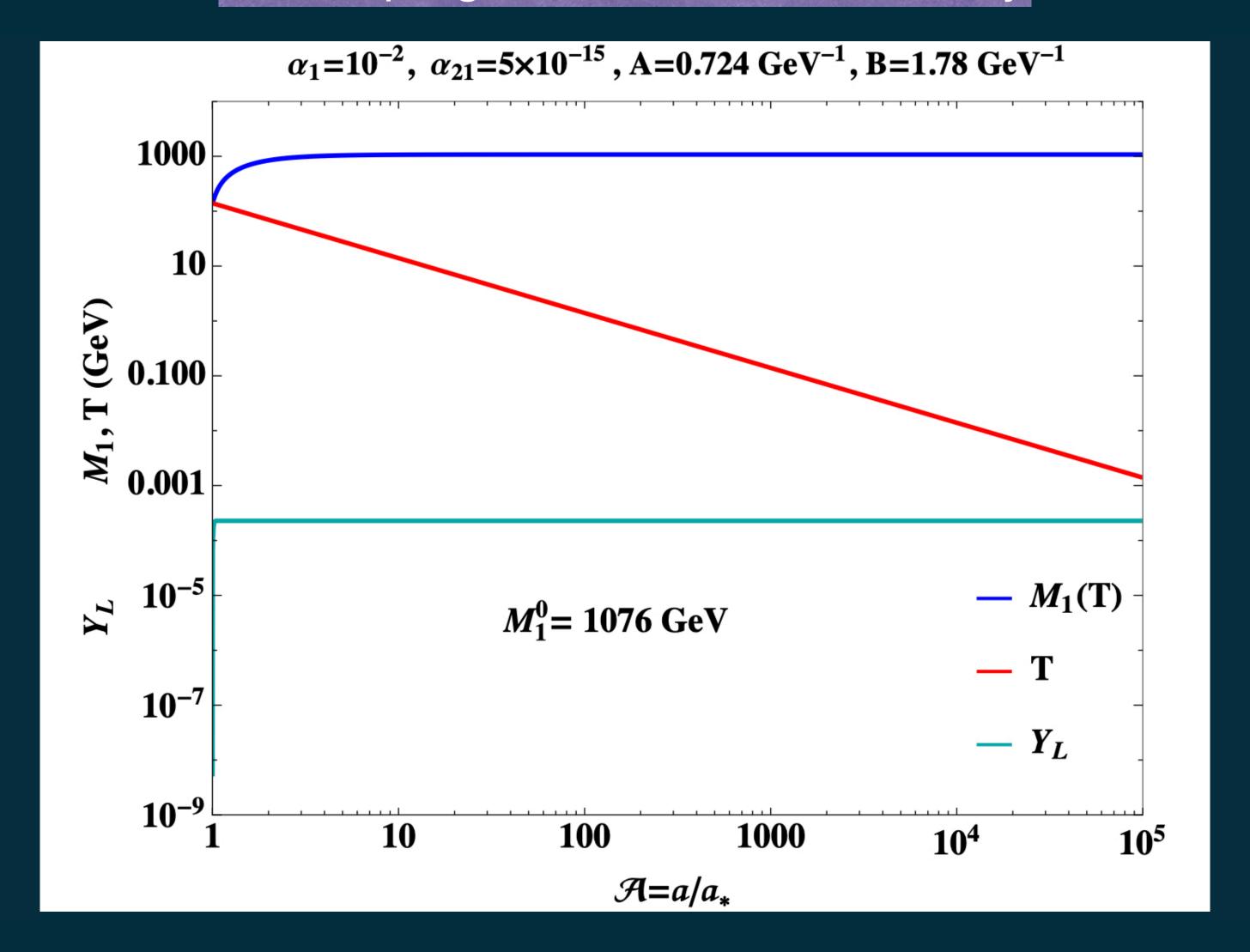
where ξ_{ν_a} is the electron neutrino chemical potential

[JCAP 08 (08), 041, Phys. Rev. D 107, 035024 (2023)]

The lepton asymmetry is connected to the ξ_{ν_e} via the relation: $Y_L = 3Y_{\nu_e} \simeq 0.105 \; \xi_{\nu_e}$

In our scenario, due to the temperature independent nature of the CP asymmetry parameter ε_l , there is a direct correlation between the late lepton asymmetry and the baryon asymmetry via early leptogenesis at high temperature (T_*).

Late Leptogenesis & Helium Anomaly



Here, $M_i^0 > m_h + m_\ell$ is satisfied below the EW symmetry breaking temperature so RHNs will decay and produce a Late lepton asymmetry $\mathcal{O}(10^{-4})$.

Thank You

$$|\phi|^4$$
, $(A_{10}\phi S |\phi|^2 + h.c)$, $A_3 |\phi|^2 H^{\dagger}H$, $A_4 |\phi|^2 |S|^2$, $\frac{A_5}{2} |\phi|^2 \eta^2$, $(\frac{A_9}{2}\phi^2 S^2 + A_{11}\phi S |S|^2 + h.c)$

$$A_6 |S|^2 H^{\dagger}H, \frac{A_7}{2} |S|^2 \eta^2, \frac{A_8}{2} \eta^2 H^{\dagger}H, A_{12}\eta H^{\dagger}H, A_{13}\eta |\phi|^2, A_{14}\eta |S|^2$$

$$c_h T^2 = \left(\frac{\lambda}{2} + \frac{3g_w^2}{16} + \frac{g_y^2}{16} + \frac{y_t^2}{4} + \frac{A_3}{12} + \frac{A_6}{12} + \frac{A_8}{24}\right) T^2$$

$$c_{\phi_r} T^2 = \left(\frac{A_3}{6} + \frac{A_4}{12} + \frac{A_5}{24} + \frac{\alpha_1^2}{24} + \frac{\alpha_2^2}{24}\right) T^2$$

Higgs vev structure:

$$v(T) = \begin{cases} 0 & \text{if } T > T_c \\ \sqrt{\frac{\mu_h^2 - A_1 v_{\phi} v_s - \frac{A_3}{2} v_{\phi}^2 - \frac{A_6}{2} v_s^2 - c_h T^2}{\lambda}} & \text{if } T < T_c \end{cases}$$

vev structure:

$$|v_{\phi}| = \frac{1}{w_{\phi}^{2}} \left\{ J_{B}' \left(\frac{m_{h}^{2}}{T^{2}} \right) + 3J_{B}' \left(\frac{m_{\chi}^{2}}{T^{2}} \right) \right\} + \frac{A_{2}T^{2}}{\pi^{2}} J_{B}' \left(\frac{m_{\eta}^{2}}{T^{2}} \right) + \frac{A_{11}T^{2}}{2\pi^{2}} \left\{ 3J_{B}' \left(\frac{m_{s_{im}}^{2}}{T^{2}} \right) + J_{B}' \left(\frac{m_{s_{im}}^{2}}{T^{2}} \right) \right\} - \frac{A_{11}T^{2}}{2\pi^{2}} \left\{ 3J_{B}' \left(\frac{m_{s_{im}}^{2}}{T^{2}} \right) + J_{B}' \left(\frac{m_{s_{im}}^{2}}{T^{2}} \right) \right\} - \frac{A_{11}T^{2}}{2\pi^{2}} \left\{ A_{1} \left(J_{B}' \left(\frac{m_{h}^{2}}{T^{2}} \right) + 3J_{B}' \left(\frac{m_{\chi}^{2}}{T^{2}} \right) \right) + (A_{1} + A_{2})J_{B}' \left(\frac{m_{s_{im}}^{2}}{T^{2}} \right) \right\} - \frac{A_{1}T^{2}}{2\pi^{2}} \left\{ (A_{1} - A_{2})J_{B}' \left(\frac{m_{s_{im}}^{2}}{T^{2}} \right) + A_{2}J_{B}' \left(\frac{m_{\eta}^{2}}{T^{2}} \right) - 2\alpha_{1}^{2}J_{B}' \left(\frac{m_{\eta}^{2}}{T^{2}} \right) - 2\alpha_{2}^{2}J_{B}' \left(\frac{m_{\eta}^{2}}{T^{2}} \right) \right\} \right\}$$

Necessary conditions to be satisfied

 A_1, A_3, A_6, A_{11} should be chosen sma

$$A_{\perp} = -A_{\rm o}$$

$$2A_4 + A_5 = -(\alpha_1^2 + \alpha_2^2)$$